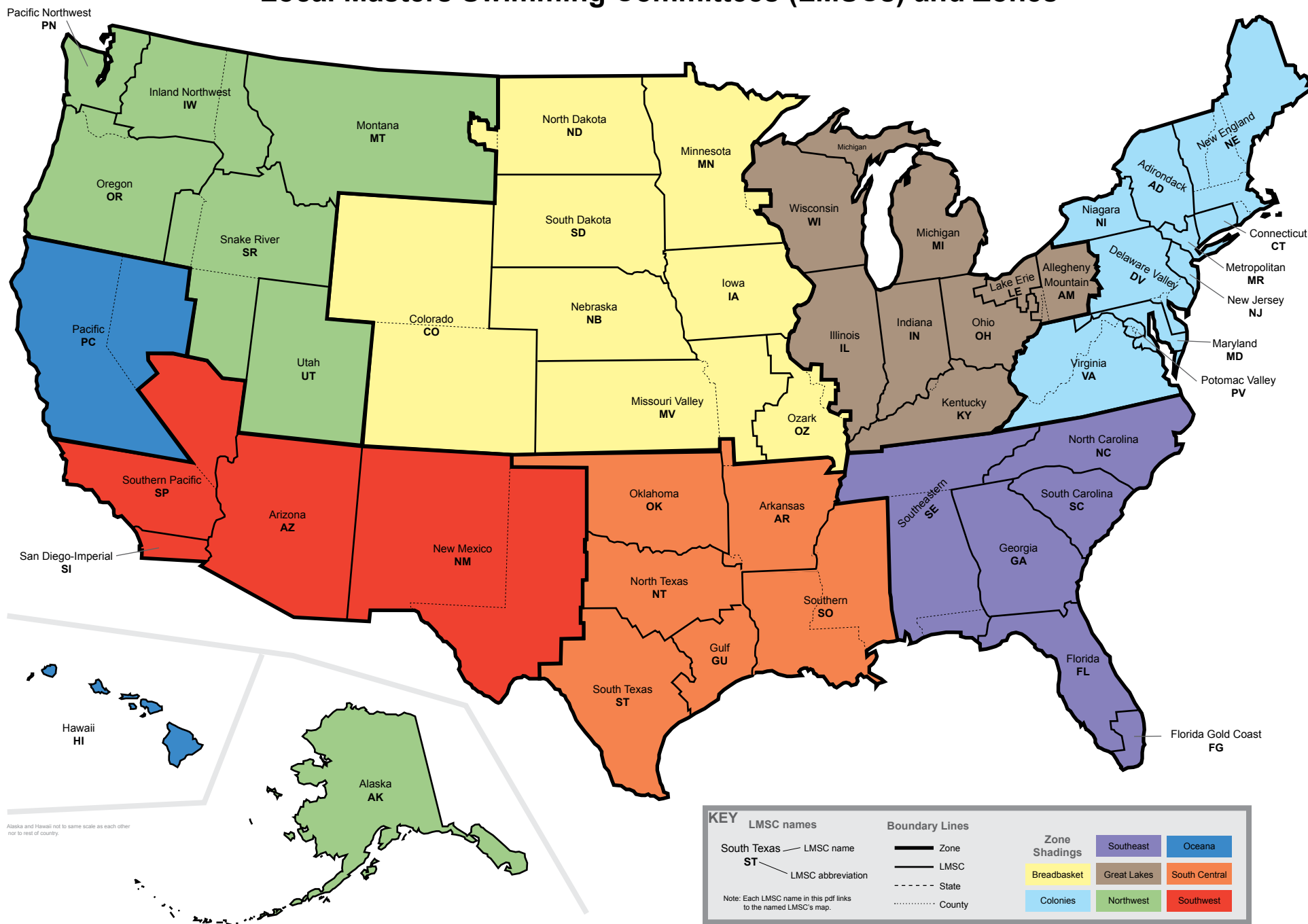


U.S. Masters Swimming

Local Masters Swimming Committees (LMSCs) and Zones



Adirondack (AD / 03)

Local Masters Swimming Committee

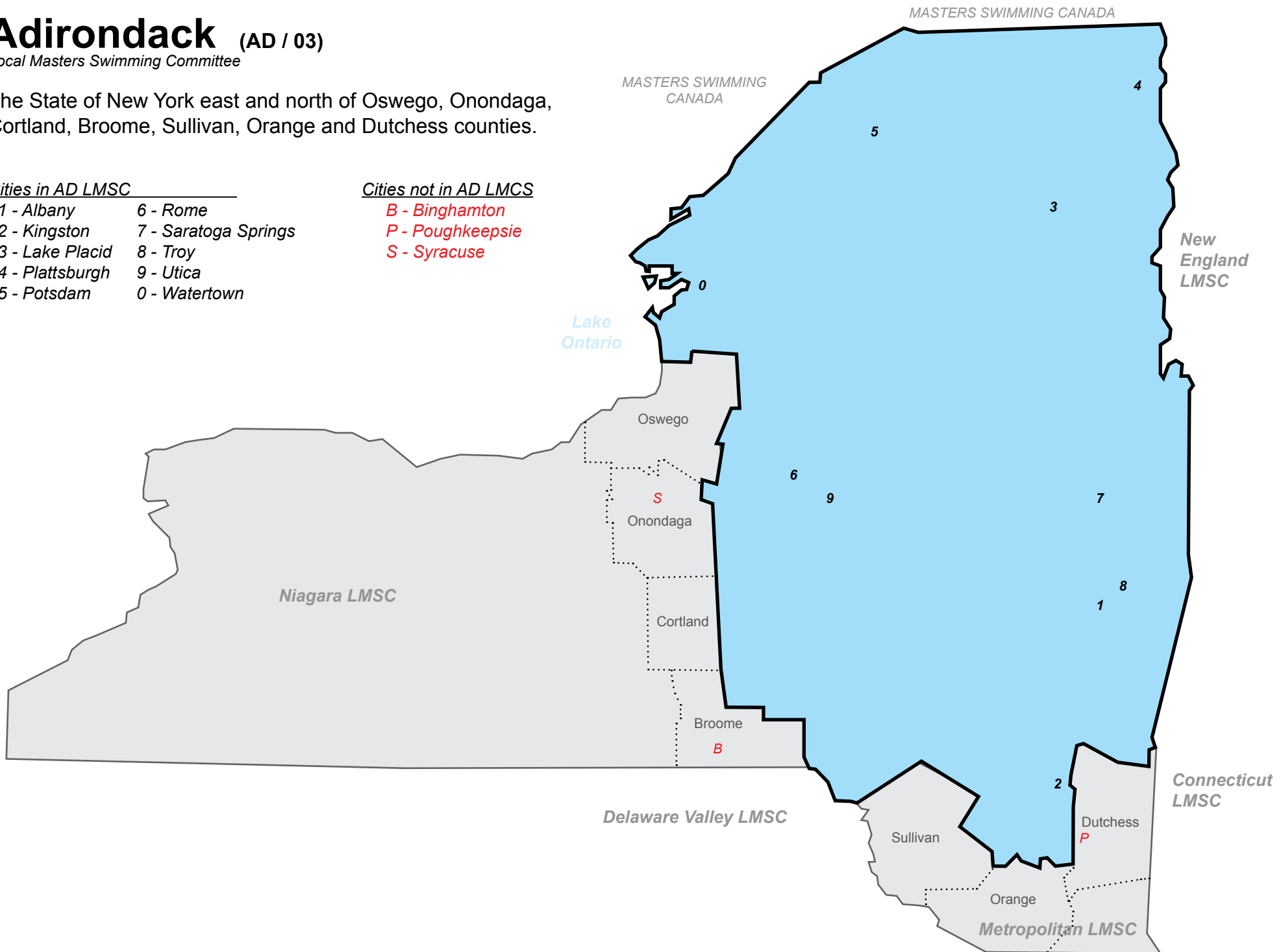
The State of New York east and north of Oswego, Onondaga, Cortland, Broome, Sullivan, Orange and Dutchess counties.

Cities in AD LMSC

- | | |
|-----------------|----------------------|
| 1 - Albany | 6 - Rome |
| 2 - Kingston | 7 - Saratoga Springs |
| 3 - Lake Placid | 8 - Troy |
| 4 - Plattsburgh | 9 - Utica |
| 5 - Potsdam | 0 - Watertown |

Cities not in AD LMCS

- B - Binghamton*
P - Poughkeepsie
S - Syracuse



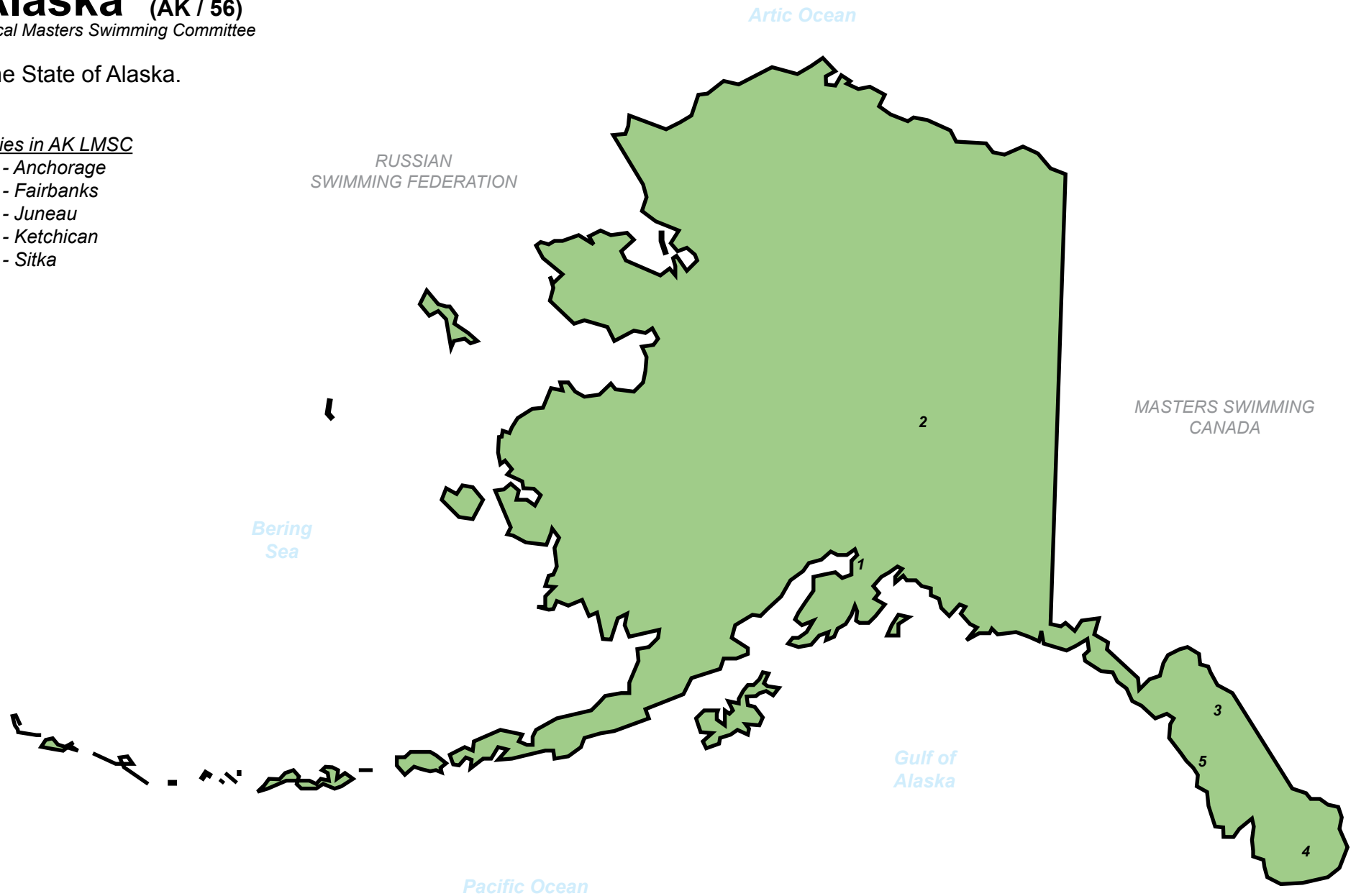
Alaska (AK / 56)

Local Masters Swimming Committee

The State of Alaska.

Cities in AK LMSC

- 1 - Anchorage
- 2 - Fairbanks
- 3 - Juneau
- 4 - Ketchikan
- 5 - Sitka



Allegheny Mountain (AM / 11)

Local Masters Swimming Committee

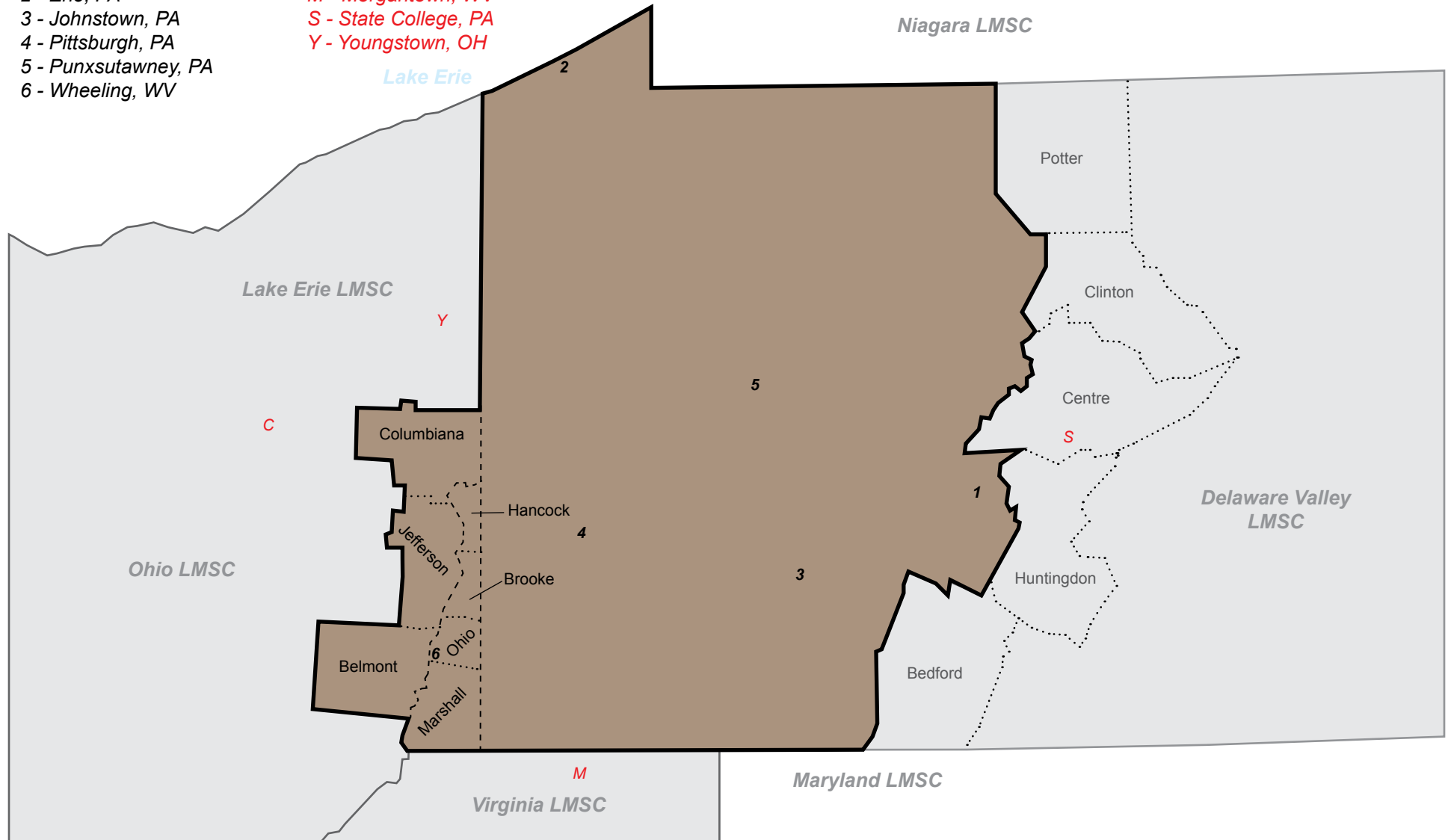
The Commonwealth of Pennsylvania west of Potter, Clinton, Centre, Huntingdon and Bedford counties; in the State of West Virginia, the counties of Hancock, Brooke, Ohio and Marshall; and in the State of Ohio the counties of Columbiana, Jefferson and Belmont.

Cities in AM LMSC

- 1 - Altoona, PA
- 2 - Erie, PA
- 3 - Johnstown, PA
- 4 - Pittsburgh, PA
- 5 - Punxsutawney, PA
- 6 - Wheeling, WV

Cities not in AM LMSC

- C - Canton, OH
- M - Morgantown, WV
- S - State College, PA
- Y - Youngstown, OH



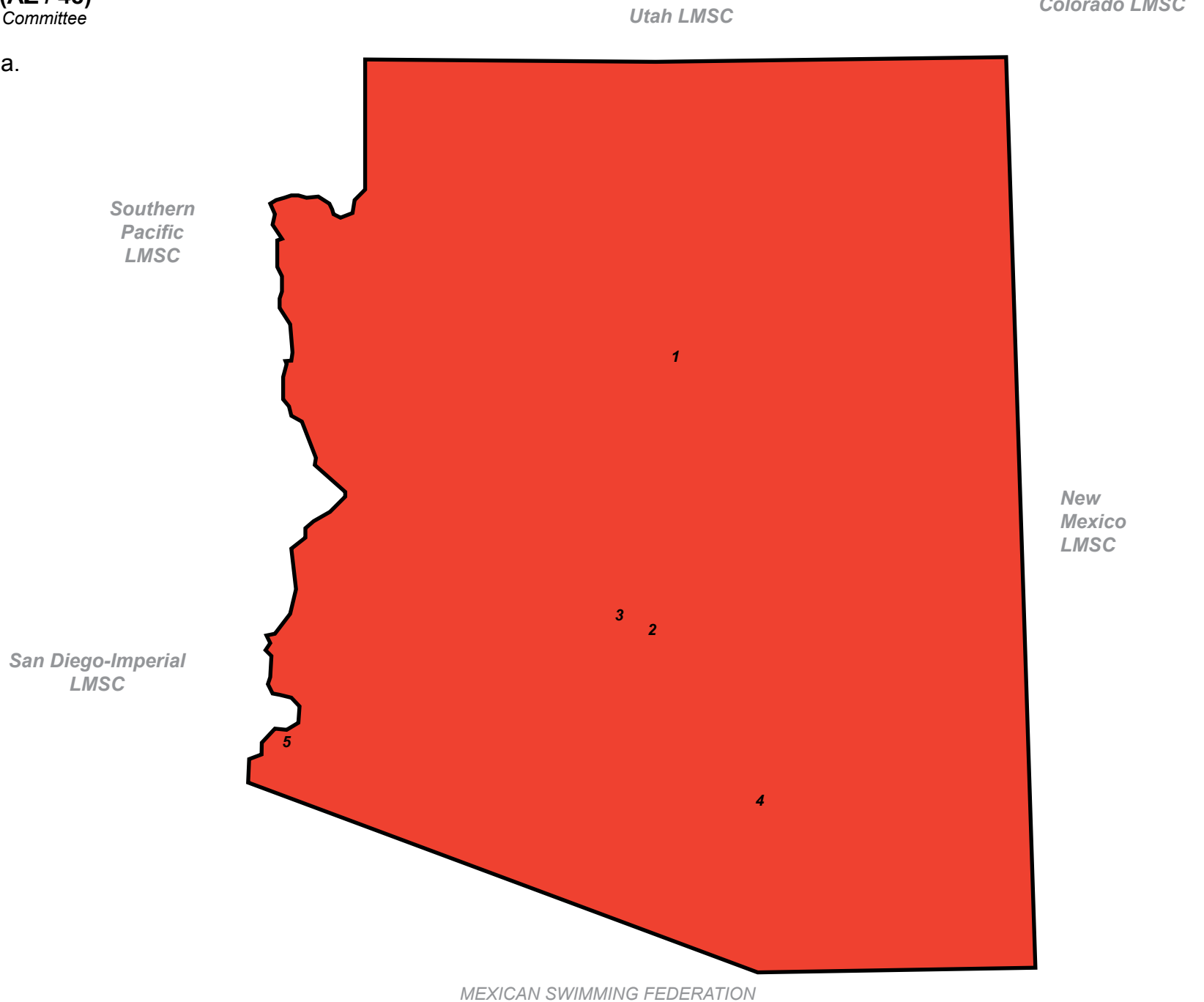
Arizona (AZ / 48)

Local Masters Swimming Committee

The State of Arizona.

Cities in AZ LMSC

- 1 - Flagstaff
- 2 - Mesa
- 3 - Phoenix
- 4 - Tucson
- 5 - Yuma



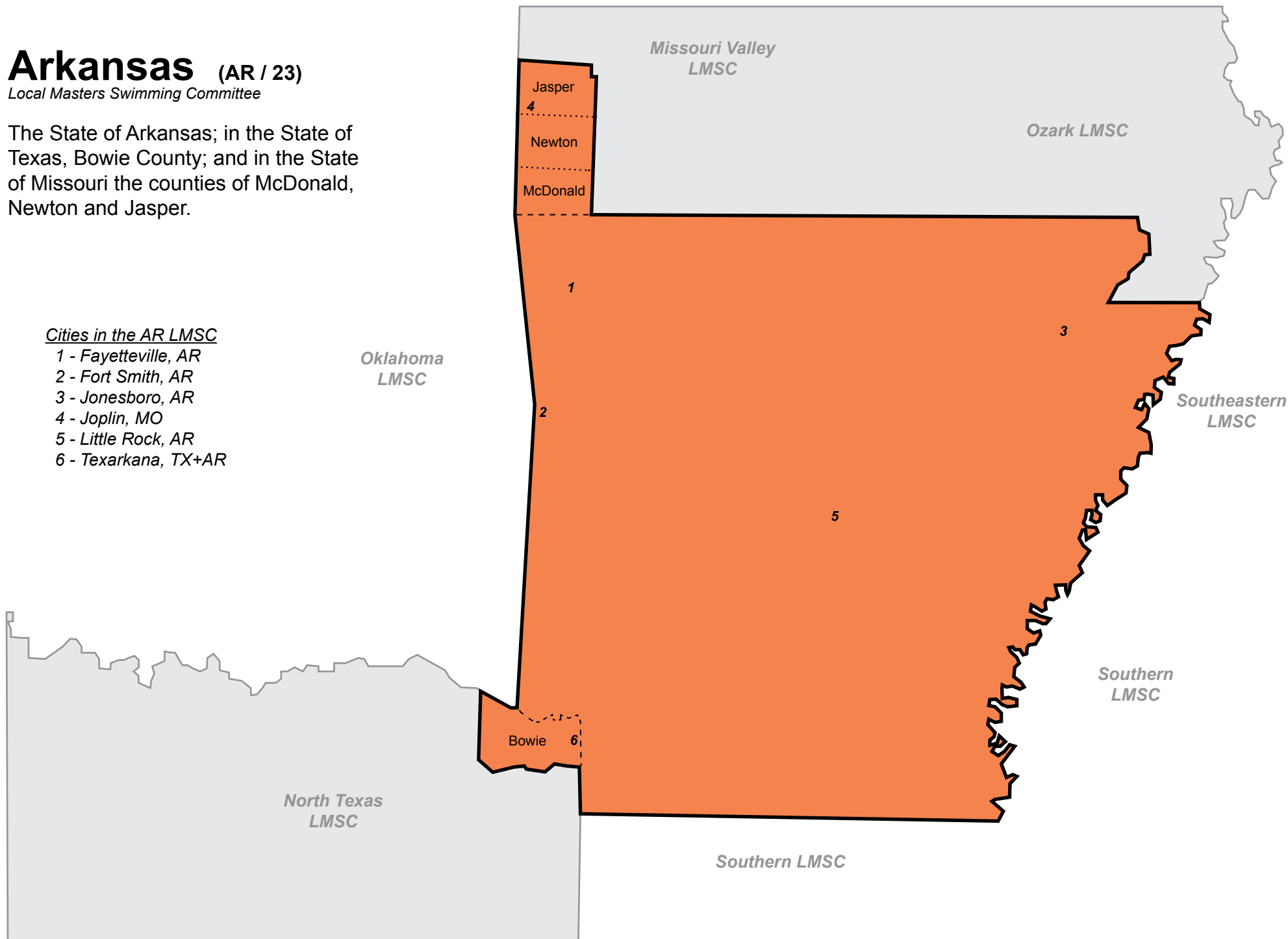
Arkansas (AR / 23)

Local Masters Swimming Committee

The State of Arkansas; in the State of Texas, Bowie County; and in the State of Missouri the counties of McDonald, Newton and Jasper.

Cities in the AR LMSC

- 1 - Fayetteville, AR
- 2 - Fort Smith, AR
- 3 - Jonesboro, AR
- 4 - Joplin, MO
- 5 - Little Rock, AR
- 6 - Texarkana, TX+AR



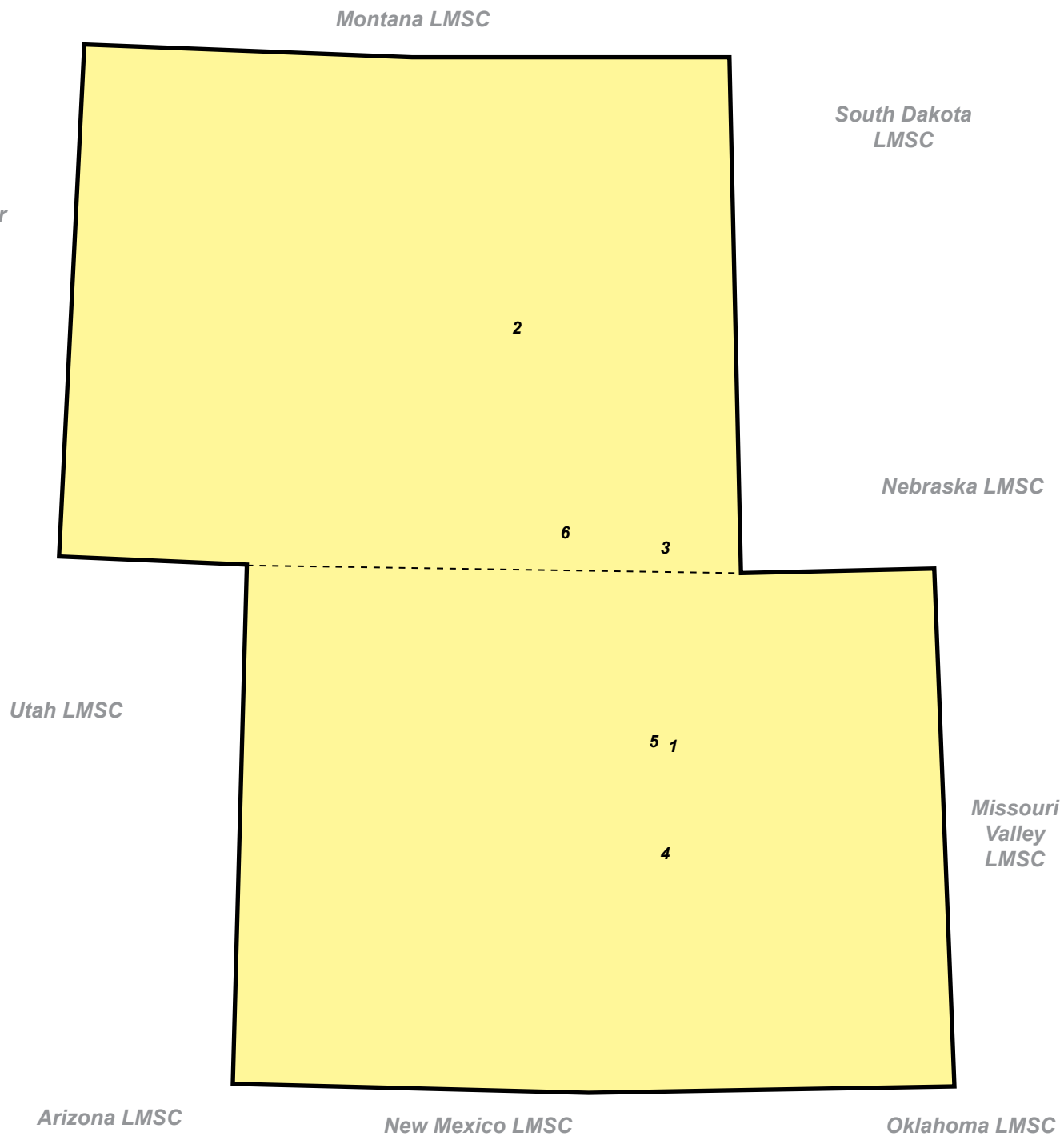
Colorado (co / 32)

Local Masters Swimming Committee

The states of Colorado and Wyoming.

Cities in CO LMSC

- 1 - Aurora, CO
- 2 - Casper, WY
- 3 - Cheyenne, WY
- 4 - Colorado Springs, CO
- 5 - Denver, CO
- 6 - Laramie, WY



Connecticut (CT / 05)

Local Masters Swimming Committee

The State of Connecticut.

Cities in CT LMSC

- 1 - Bridgeport
- 2 - Hartford
- 3 - New Haven
- 4 - Stamford
- 5 - Waterbury

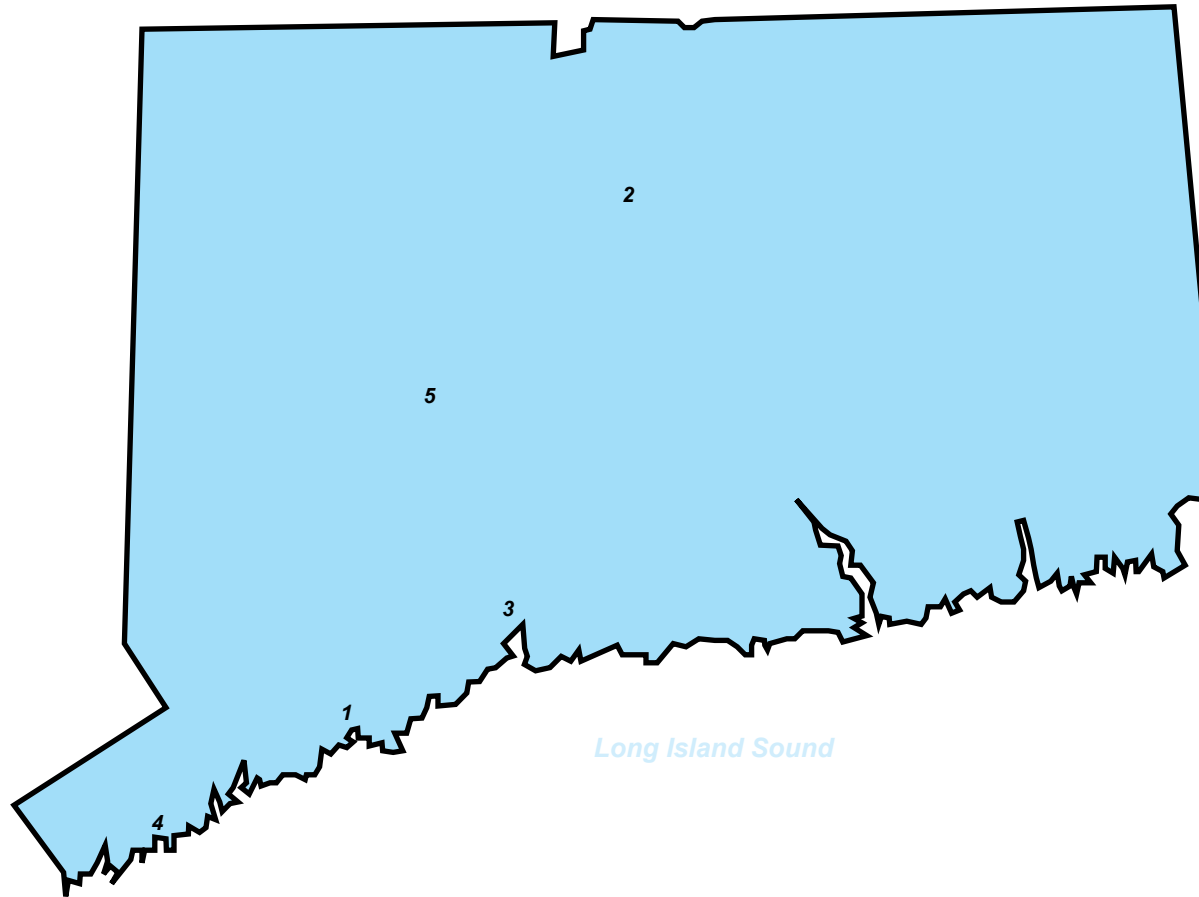
*Adirondack
LMSC*

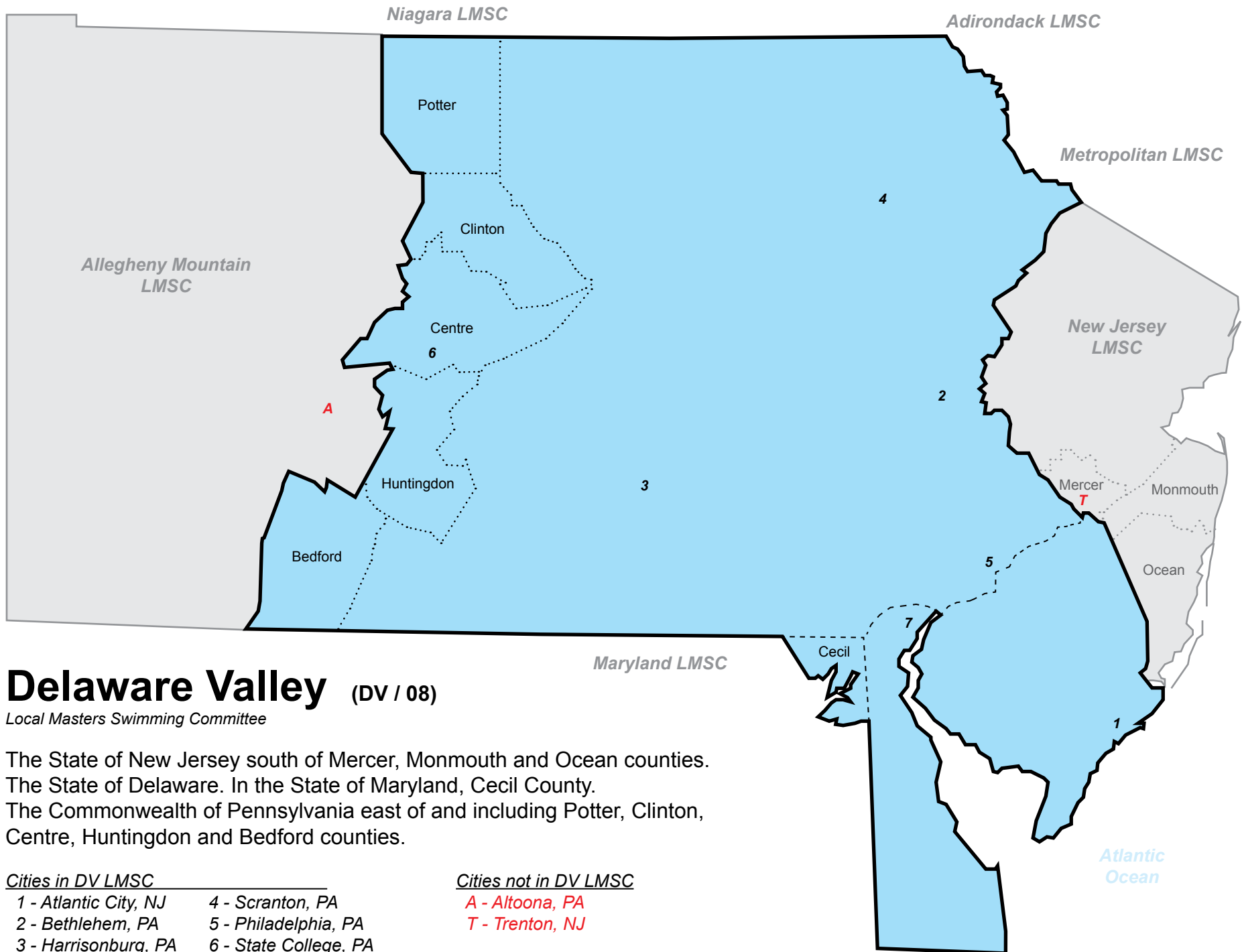
New England LMSC

*Metropolitan
LMSC*

*New
England
LMSC*

Long Island Sound





Delaware Valley (DV / 08)

Local Masters Swimming Committee

The State of New Jersey south of Mercer, Monmouth and Ocean counties.
The State of Delaware. In the State of Maryland, Cecil County.
The Commonwealth of Pennsylvania east of and including Potter, Clinton, Centre, Huntingdon and Bedford counties.

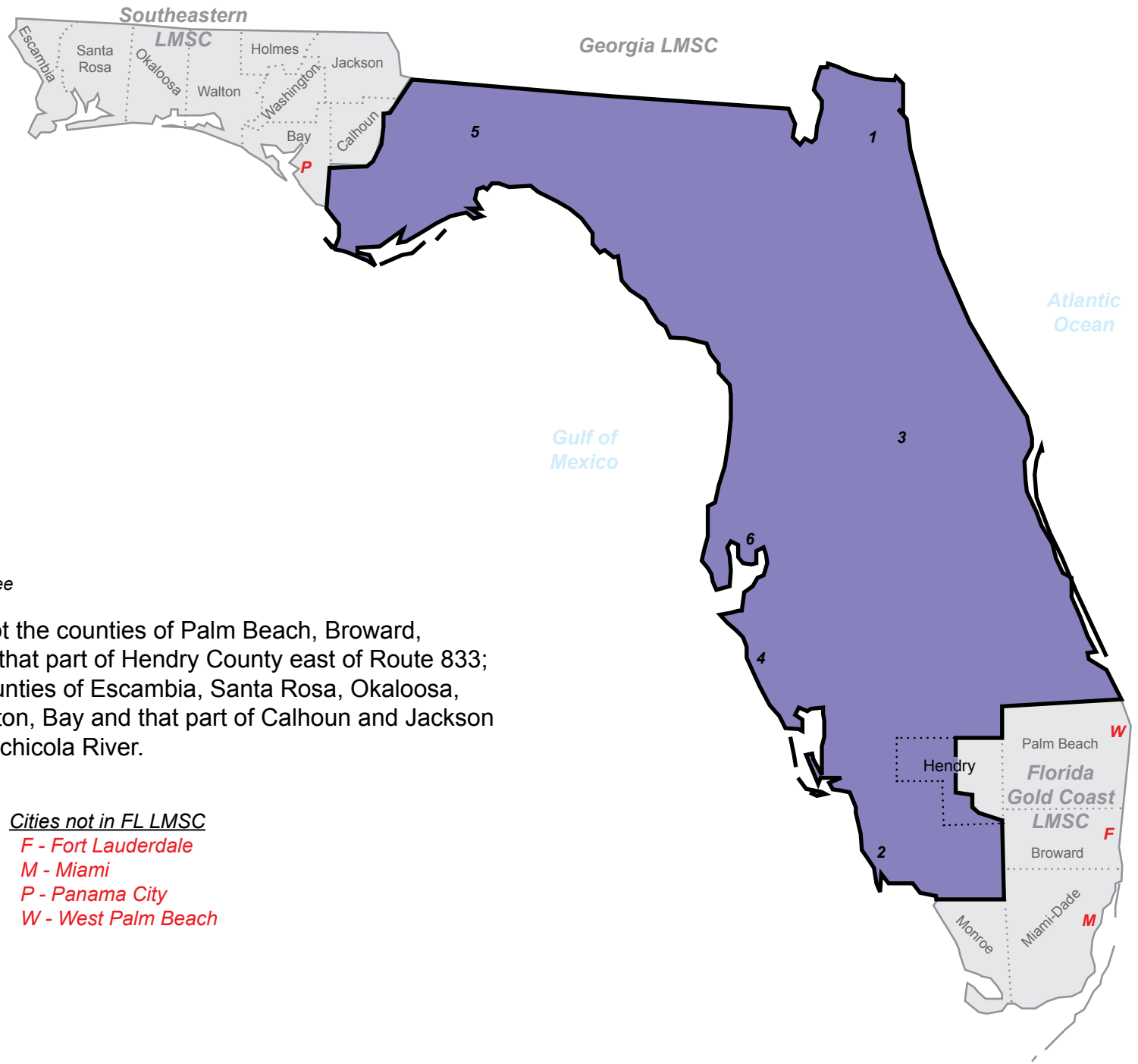
Cities in DV LMSC

- | | |
|-----------------------|-----------------------|
| 1 - Atlantic City, NJ | 4 - Scranton, PA |
| 2 - Bethlehem, PA | 5 - Philadelphia, PA |
| 3 - Harrisburg, PA | 6 - State College, PA |
| | 7 - Wilmington, DE |

Cities not in DV LMSC

- A** - Altoona, PA
T - Trenton, NJ

Colonies Zone



Florida (FL / 14)

Local Masters Swimming Committee

The State of Florida except the counties of Palm Beach, Broward, Miami-Dade, Monroe and that part of Hendry County east of Route 833; and also excluding the counties of Escambia, Santa Rosa, Okaloosa, Walton, Holmes, Washington, Bay and that part of Calhoun and Jackson counties west of the Apalachicola River.

Cities in FL LMSC

- 1 - Jacksonville
- 2 - Naples
- 3 - Orlando
- 4 - Sarasota
- 5 - Tallahassee
- 6 - Tampa

Cities not in FL LMSC

- F - Fort Lauderdale*
- M - Miami*
- P - Panama City*
- W - West Palm Beach*

Florida Gold Coast (FG / 50)

Local Masters Swimming Committee

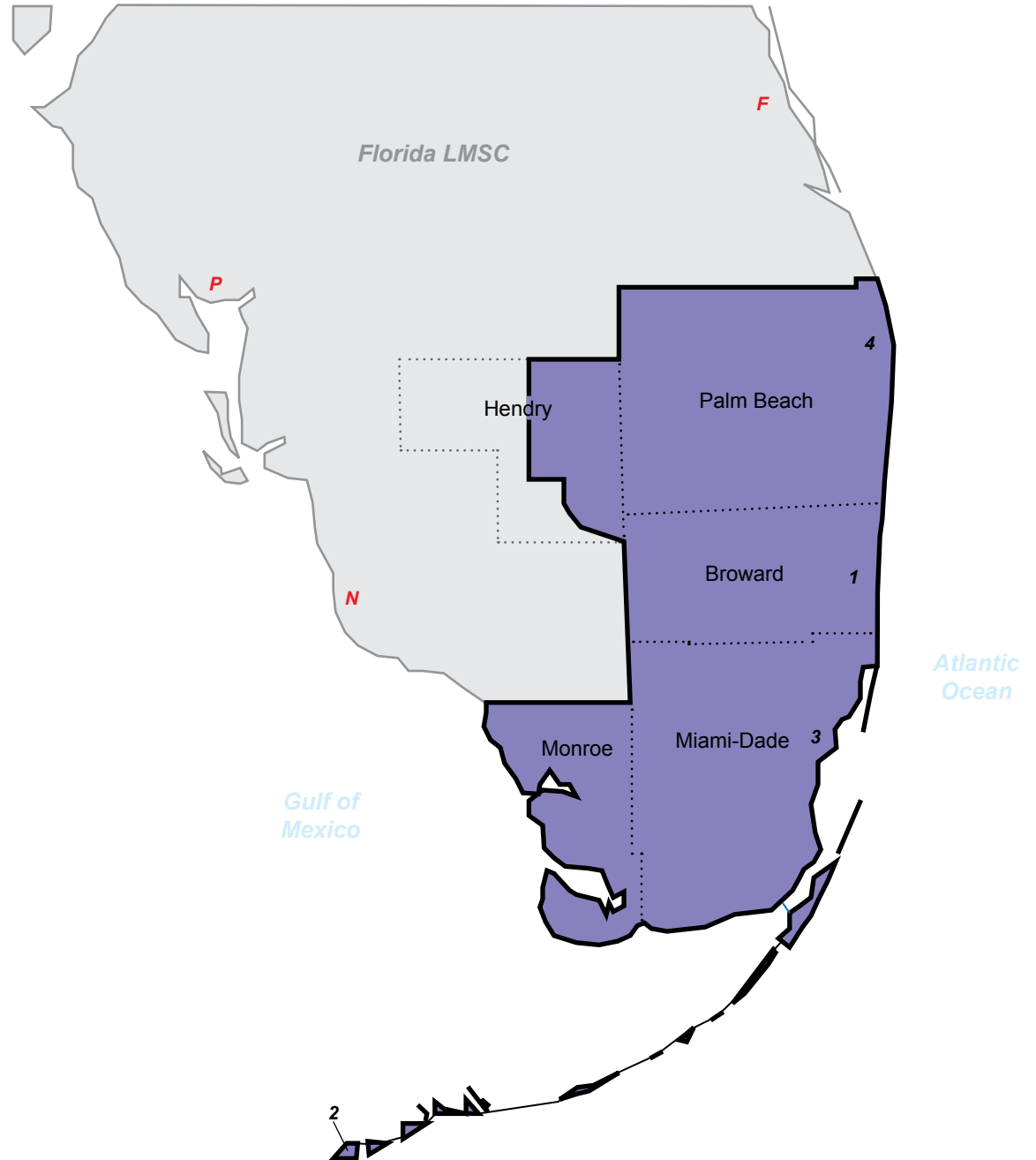
In the State of Florida, the counties of Palm Beach, Broward, Miami-Dade and Monroe, and that part of Hendry County east of Route 833.

Cities in FG LMSC

- 1 - Fort Lauderdale
- 2 - Key West
- 3 - Miami
- 4 - West Palm Beach

Cities not in FG LMSC

- F - Fort Pierce*
- N - Naples*
- P - Port Charlotte*



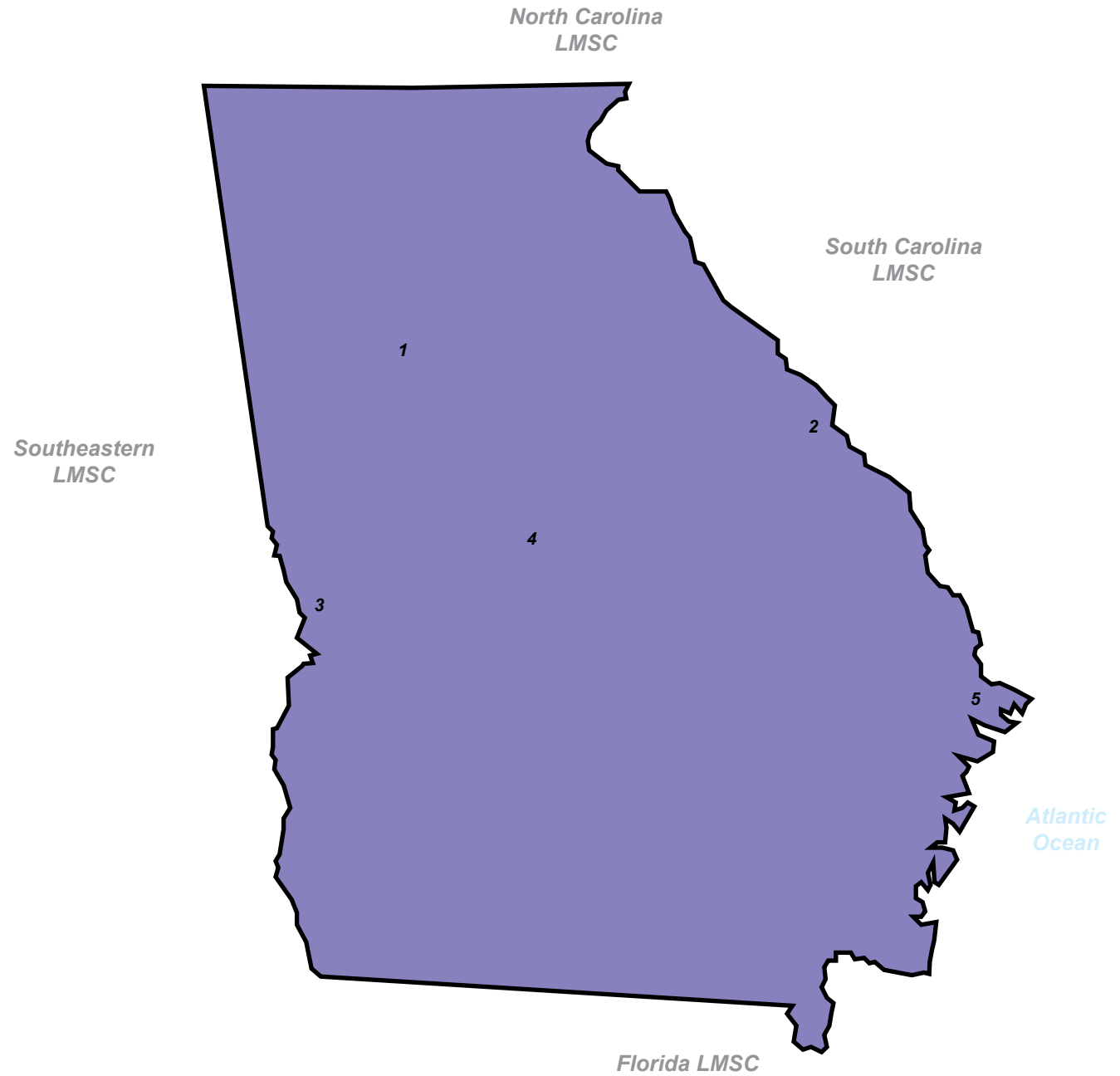
Georgia (GA / 45)

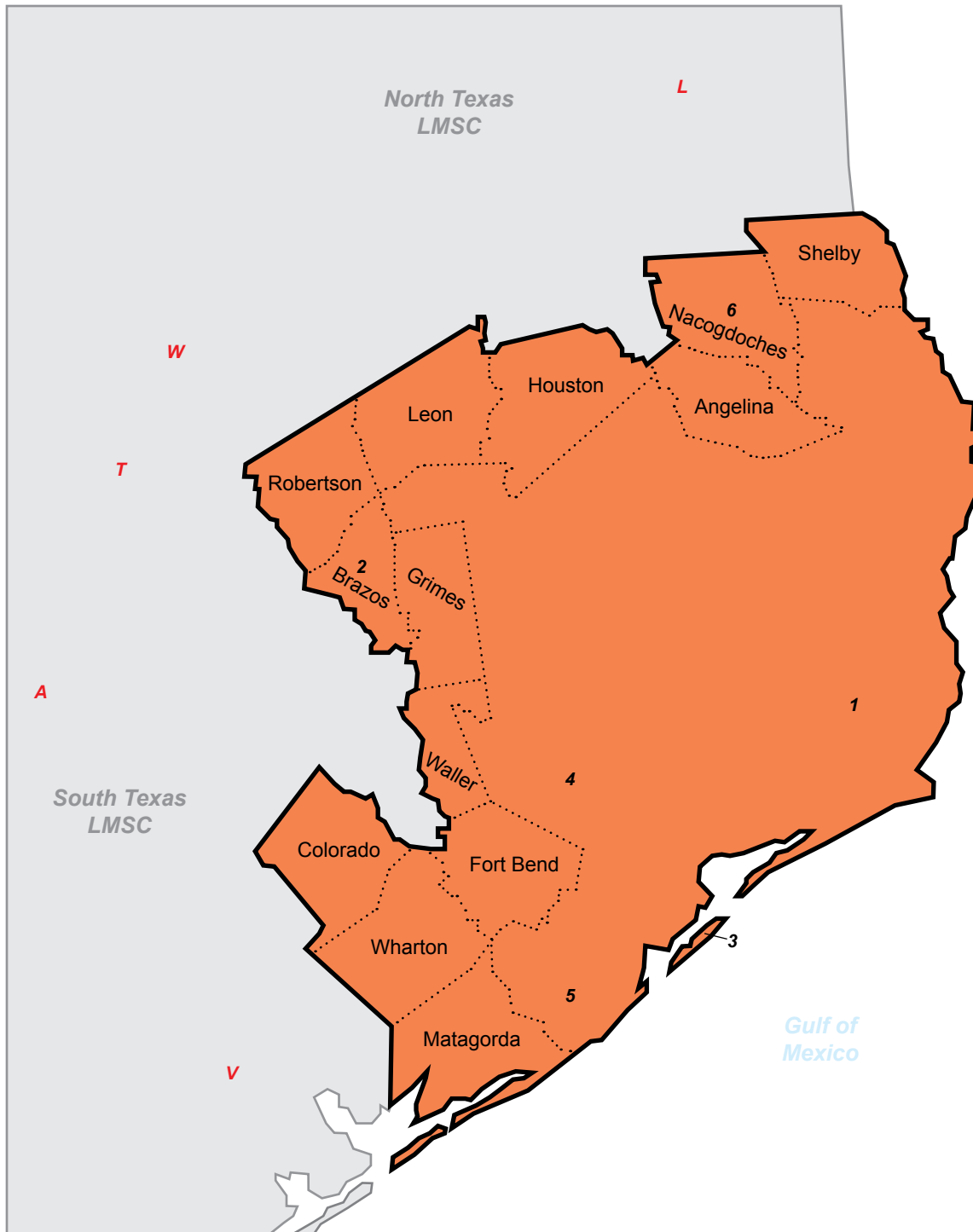
Local Masters Swimming Committee

The State of Georgia.

Cities in GA LMSC

- 1 - Atlanta
- 2 - Augusta
- 3 - Columbus
- 4 - Macon
- 5 - Savannah





Southern
LMSC

Gulf (GU / 25)

Local Masters Swimming Committee

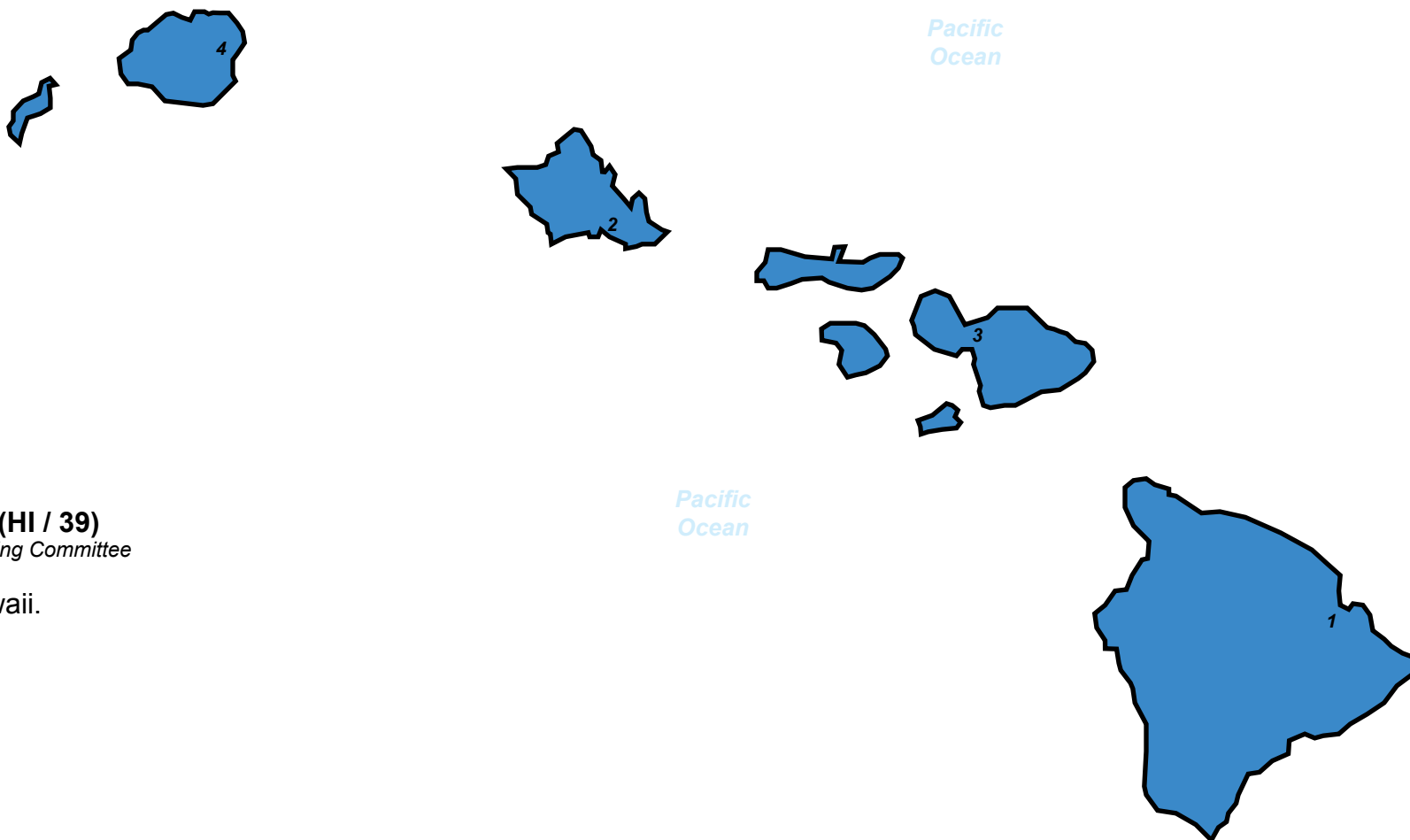
That part of the State of Texas bounded on the north by and including the counties of Shelby, Nacogdoches, Angelina, Houston, Leon and Robertson; and on the west by and including the counties of Brazos, Grimes, Waller, Fort Bend, Wharton, Colorado and Matagorda.

Cities in GU LMSC

- 1 - Beaumont
- 2 - College Station
- 3 - Galveston
- 4 - Houston
- 5 - Lake Jackson
- 6 - Nacogdoches

Cities not in GU LMSC

- A - Austin
- L - Longview
- T - Temple
- W - Waco
- V - Victoria



Hawaii (HI / 39)

Local Masters Swimming Committee

The State of Hawaii.

Cities in HI LMSC

- 1 - Hilo, Hawaii
- 2 - Honolulu, Oahu
- 3 - Kahului, Maui
- 4 - Kapaa, Kauai

Illinois (IL / 21)

Local Masters Swimming Committee

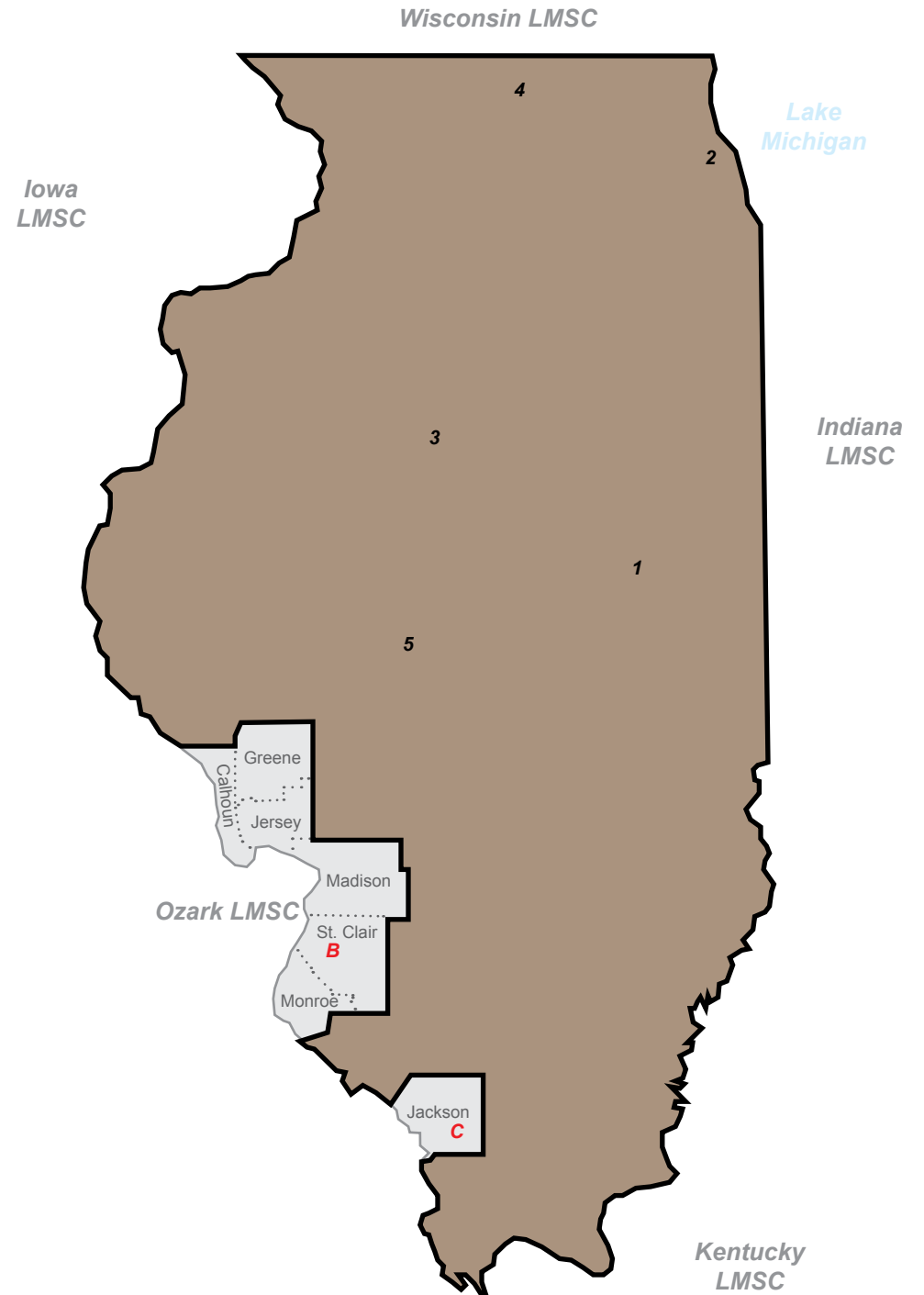
The State of Illinois except the counties of Calhoun, Greene, Jersey, Madison, St. Clair, Monroe and Jackson.

Cities in IL LMSC

- 1 - Champaign
- 2 - Chicago
- 3 - Peoria
- 4 - Rockford
- 5 - Springfield

Cities not in IL LMSC

- B** - Belleville
- C** - Carbondale



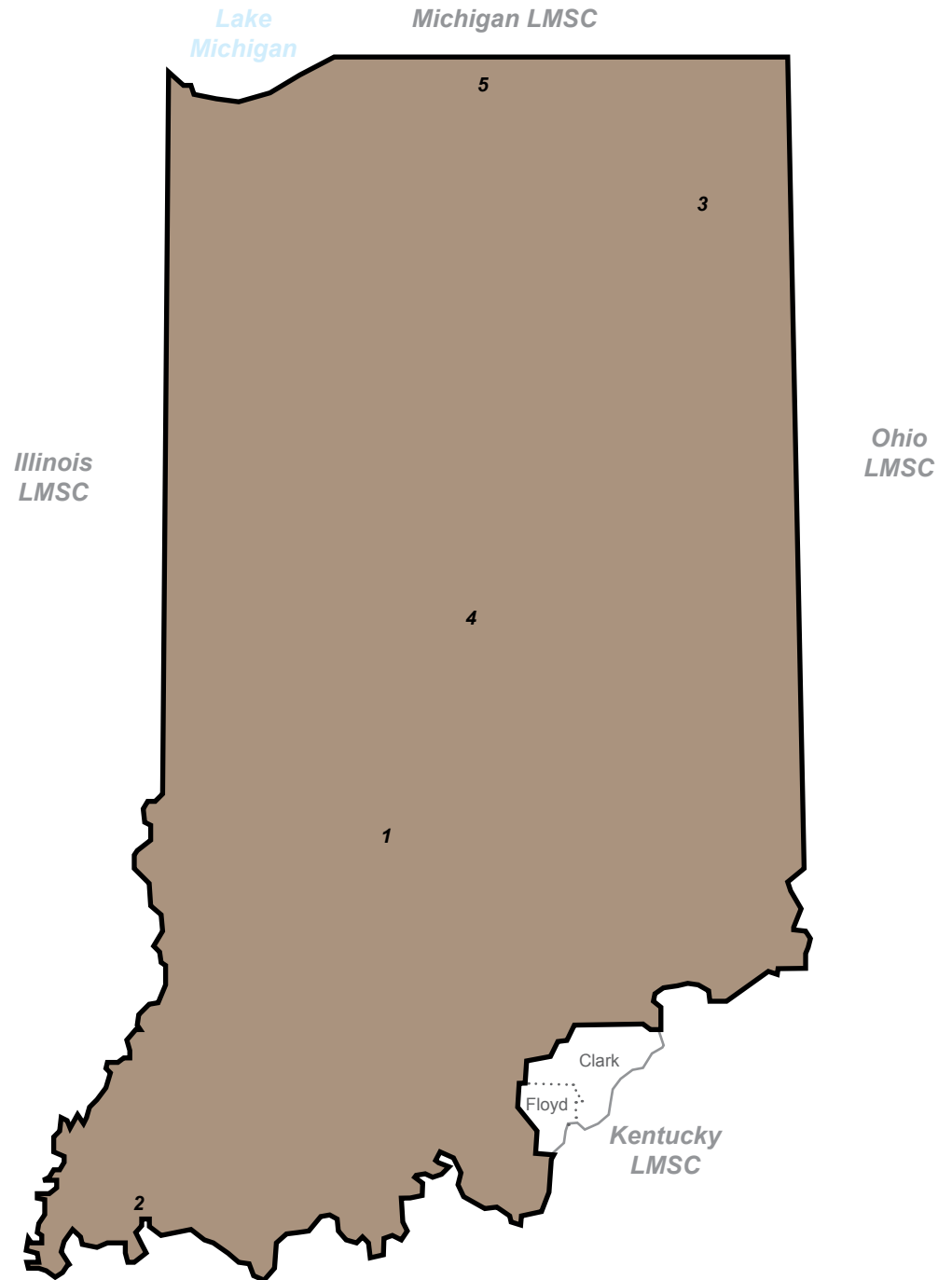
Indiana (IN / 16)

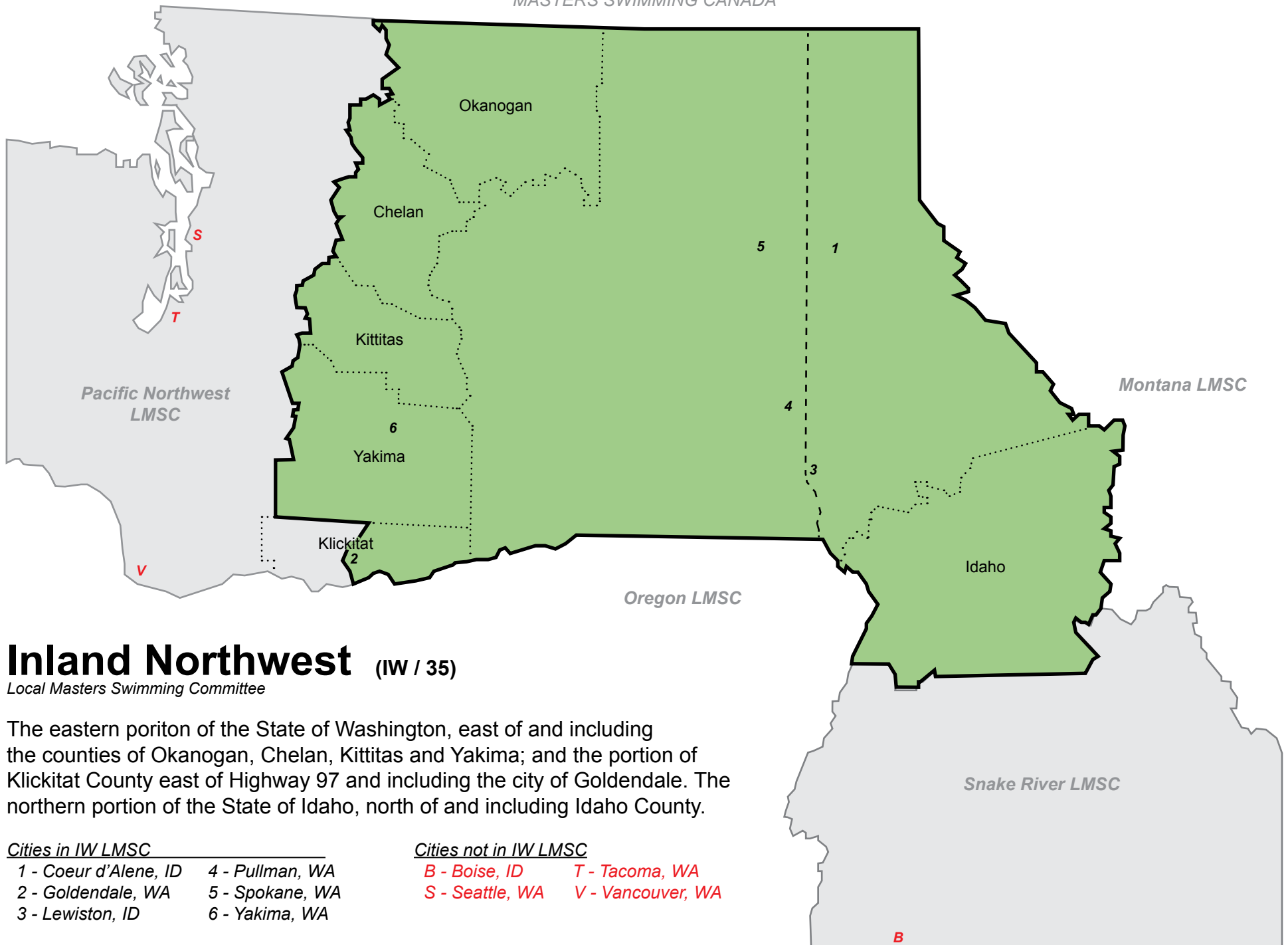
Local Masters Swimming Committee

The State of Indiana except the counties of
Floyd and Clark.

Cities in IN LMSC

- 1 - Bloomington
- 2 - Evansville
- 3 - Fort Wayne
- 4 - Indianapolis
- 5 - South Bend





Inland Northwest (IW / 35)

Local Masters Swimming Committee

The eastern portion of the State of Washington, east of and including the counties of Okanogan, Chelan, Kittitas and Yakima; and the portion of Klickitat County east of Highway 97 and including the city of Goldendale. The northern portion of the State of Idaho, north of and including Idaho County.

Cities in IW LMSC

- | | |
|-----------------------|-----------------|
| 1 - Coeur d'Alene, ID | 4 - Pullman, WA |
| 2 - Goldendale, WA | 5 - Spokane, WA |
| 3 - Lewiston, ID | 6 - Yakima, WA |

Cities not in IW LMSC

- | | |
|-----------------|-------------------|
| B - Boise, ID | T - Tacoma, WA |
| S - Seattle, WA | V - Vancouver, WA |

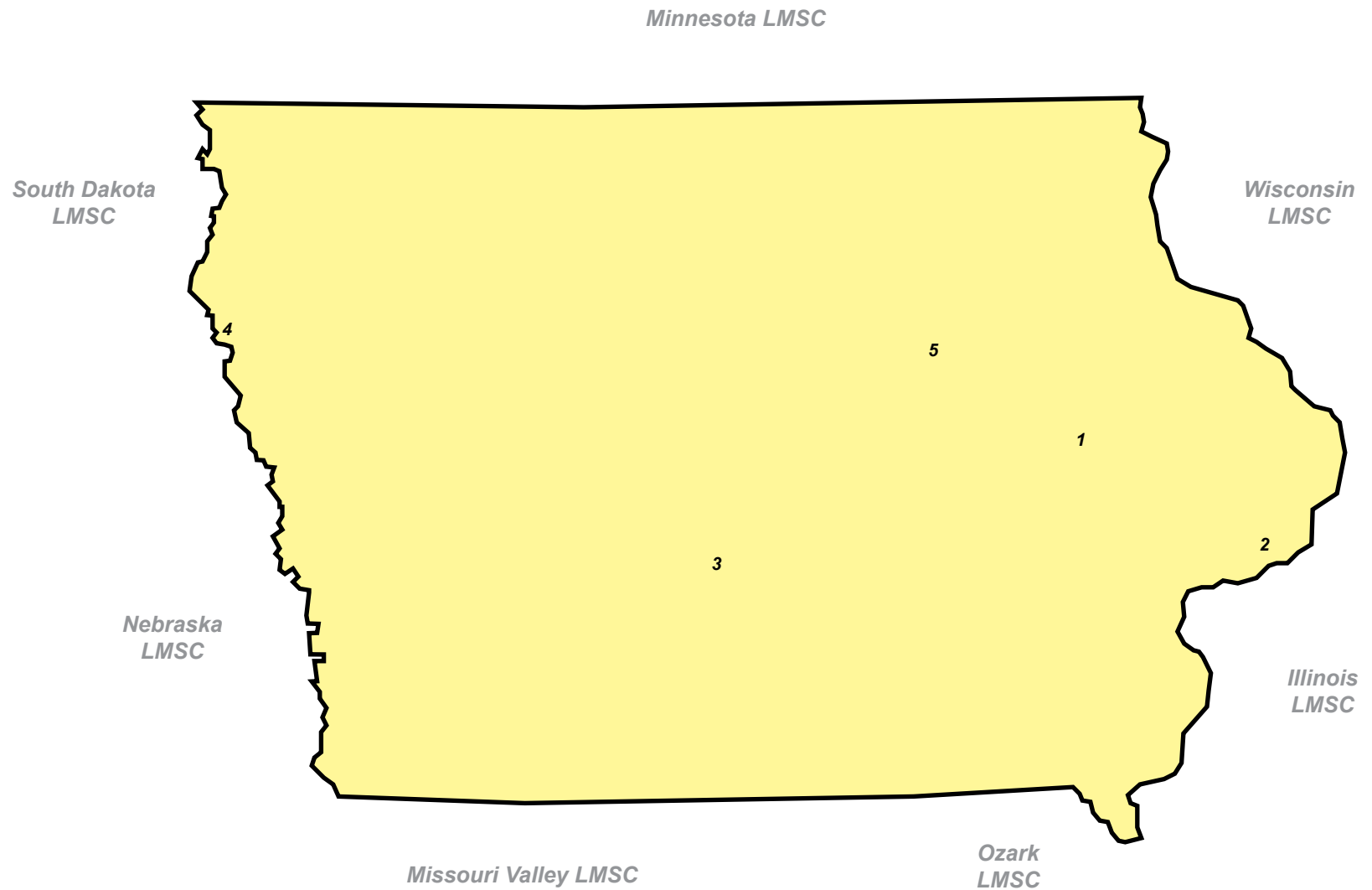
Iowa (IA / 40)

Local Masters Swimming Committee

The State of Iowa.

Cities in IA LMSC

- 1 - Cedar Rapids
- 2 - Davenport
- 3 - Des Moines
- 4 - Sioux City
- 5 - Waterloo



Kentucky (KY / 41)

Local Masters Swimming Committee

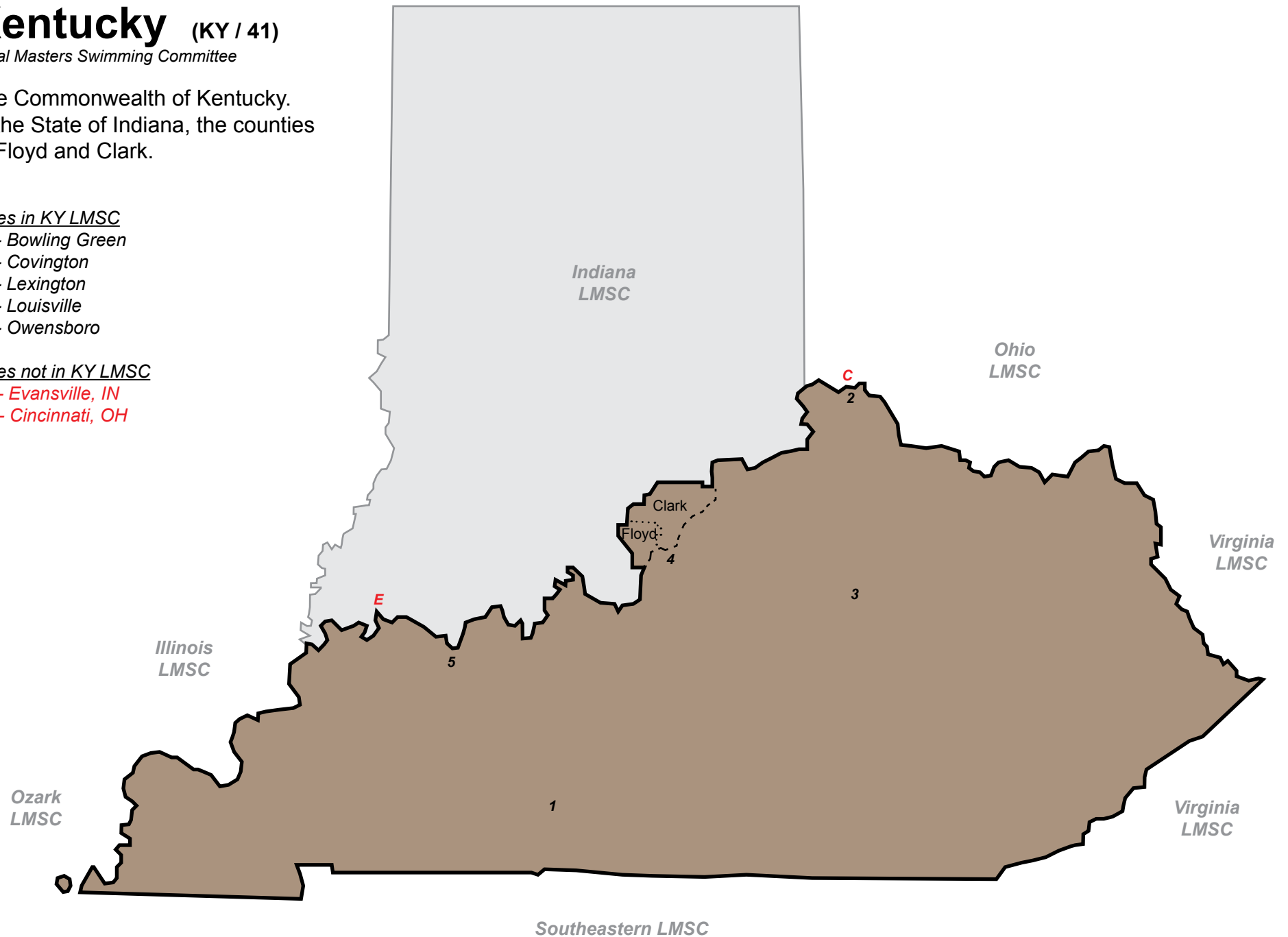
The Commonwealth of Kentucky.
In the State of Indiana, the counties
of Floyd and Clark.

Cities in KY LMSC

- 1 - Bowling Green
- 2 - Covington
- 3 - Lexington
- 4 - Louisville
- 5 - Owensboro

Cities not in KY LMSC

- E - Evansville, IN
- C - Cincinnati, OH



Lake Erie (LE / 18)

Local Masters Swimming Committee

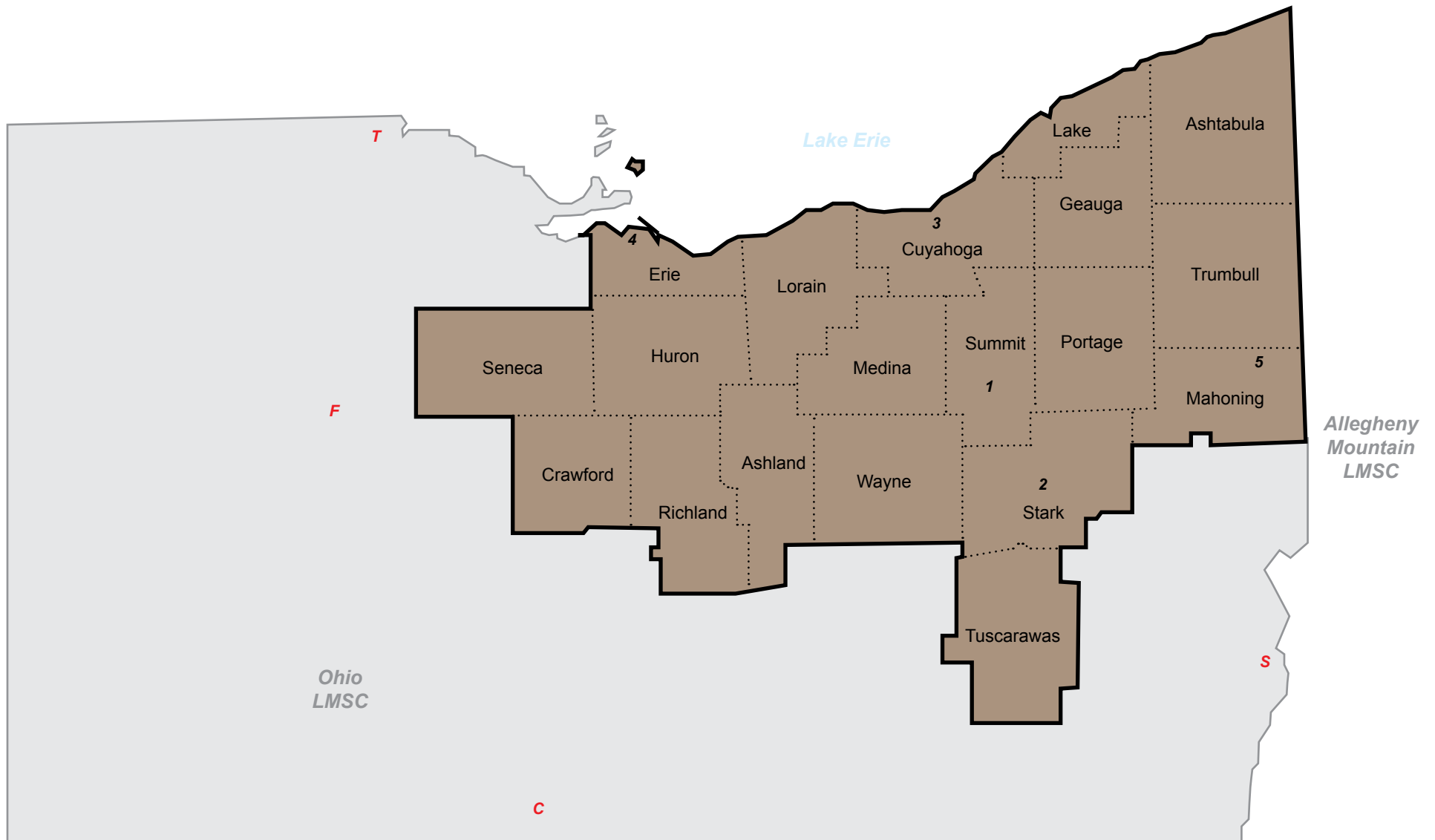
In the State of Ohio the counties of Seneca, Crawford, Erie, Huron, Richland, Lorain, Ashland, Cuyahoga, Medina, Wayne, Summit, Lake, Geauga, Portage, Stark, Tuscarawas, Ashtabula, Trumbull and Mahoning.

Cities in LE LMSC

- 1 - Akron
- 2 - Canton
- 3 - Cleveland
- 4 - Sandusky
- 5 - Youngstown

Cities not in LE LMSC

- C - Columbus
- F - Findlay
- S - Steubenville
- T - Toledo



Maryland (MD / 09)

Local Masters Swimming Committee

The State of Maryland, except the counties of Cecil, Montgomery and Prince George's.

Cities in MD LMSC

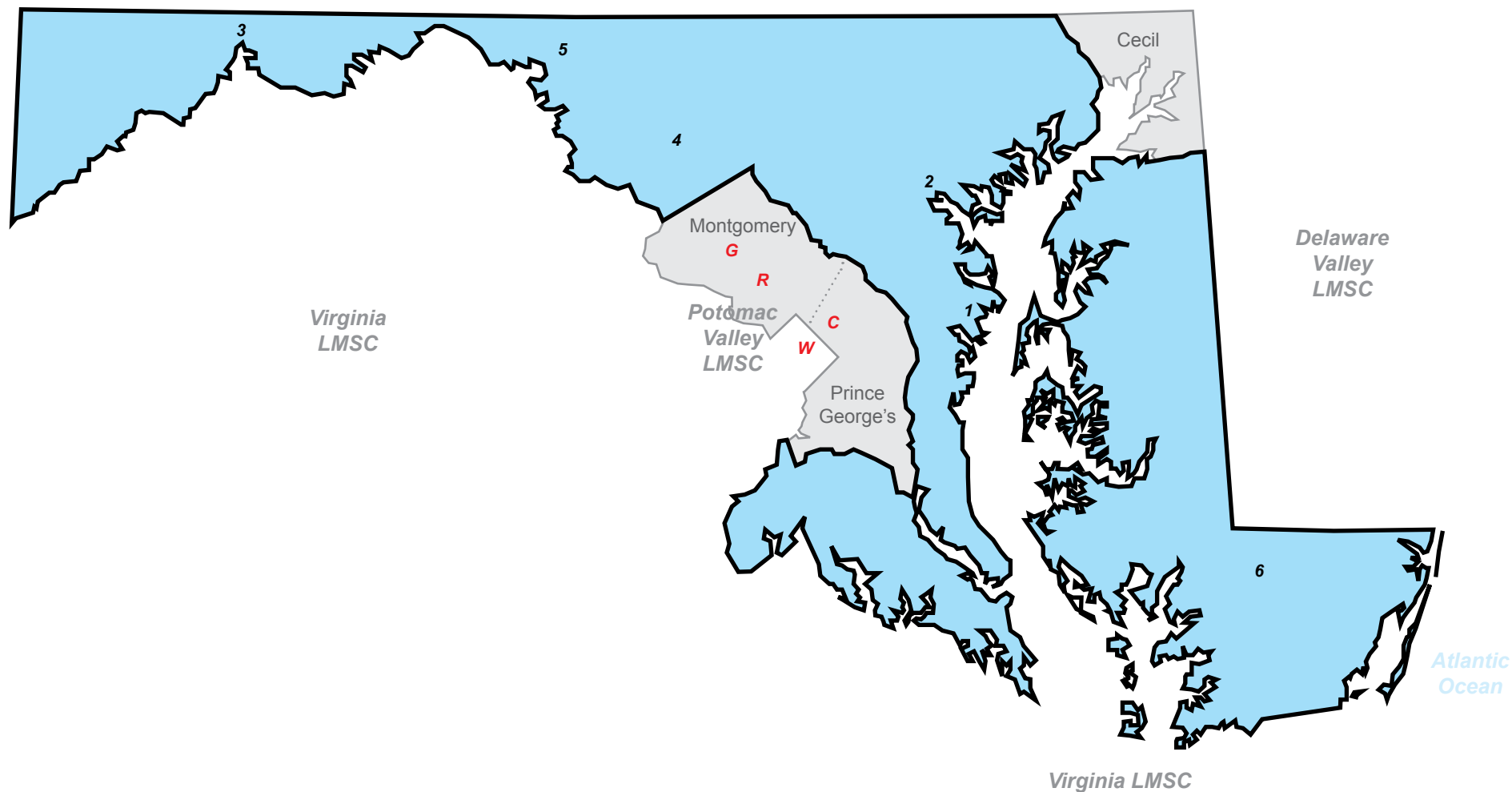
- | | |
|----------------|----------------|
| 1 - Annapolis | 4 - Frederick |
| 2 - Baltimore | 5 - Hagerstown |
| 3 - Cumberland | 6 - Salisbury |

Cities not in MD LMSC

- | | |
|------------------|--------------------|
| C - College Park | R - Rockville |
| G - Gaithersburg | W - Washington, DC |

Allegheny Mountain LMSC

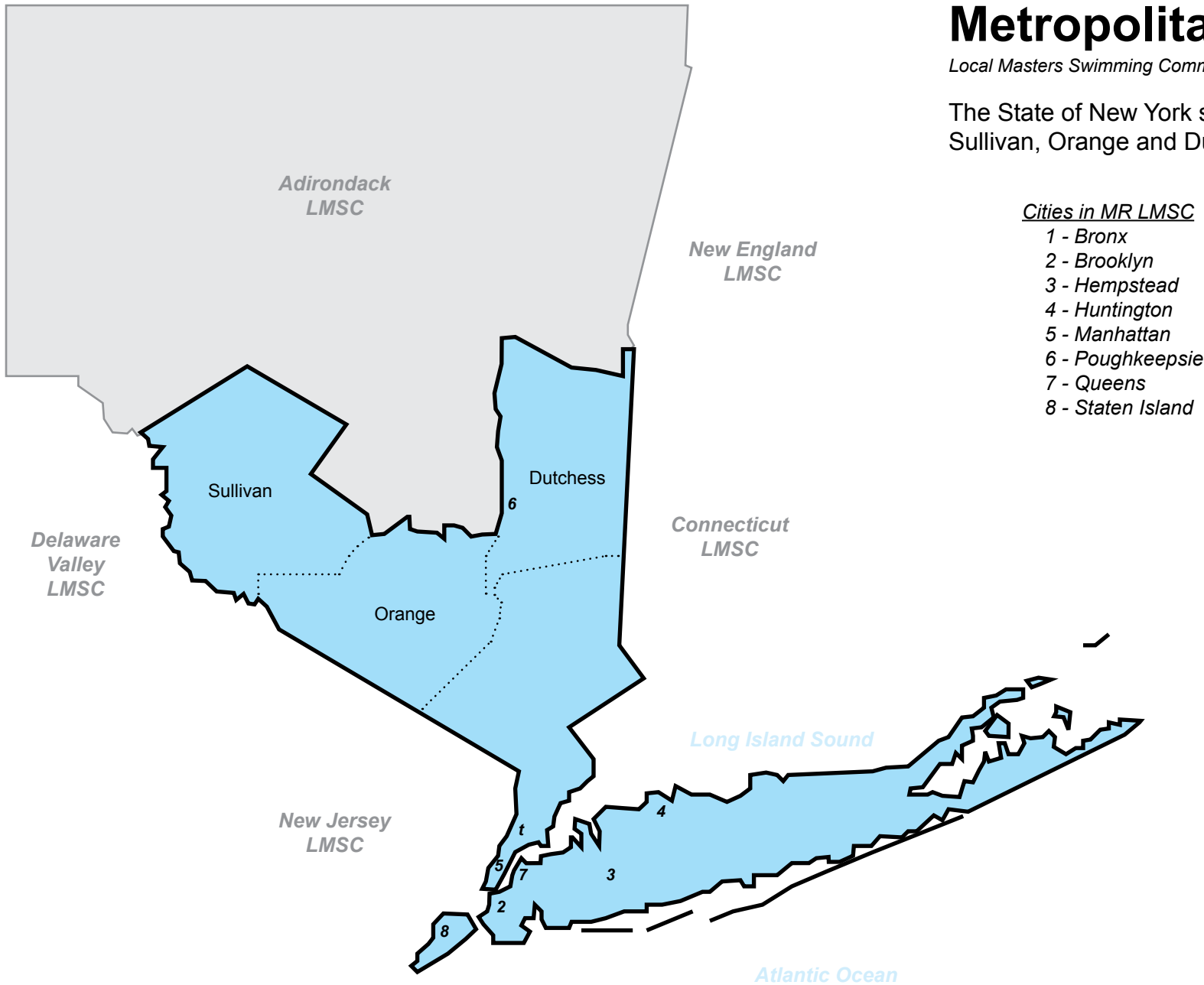
Delaware Valley LMSC



Metropolitan (MR / 06)

Local Masters Swimming Committee

The State of New York south of and including Sullivan, Orange and Dutchess counties.



Cities in MR LMSC

- 1 - Bronx
- 2 - Brooklyn
- 3 - Hempstead
- 4 - Huntington
- 5 - Manhattan
- 6 - Poughkeepsie
- 7 - Queens
- 8 - Staten Island

Michigan (MI / 19)

Local Masters Swimming Committee

The State of Michigan.

Cities in MI LMSC

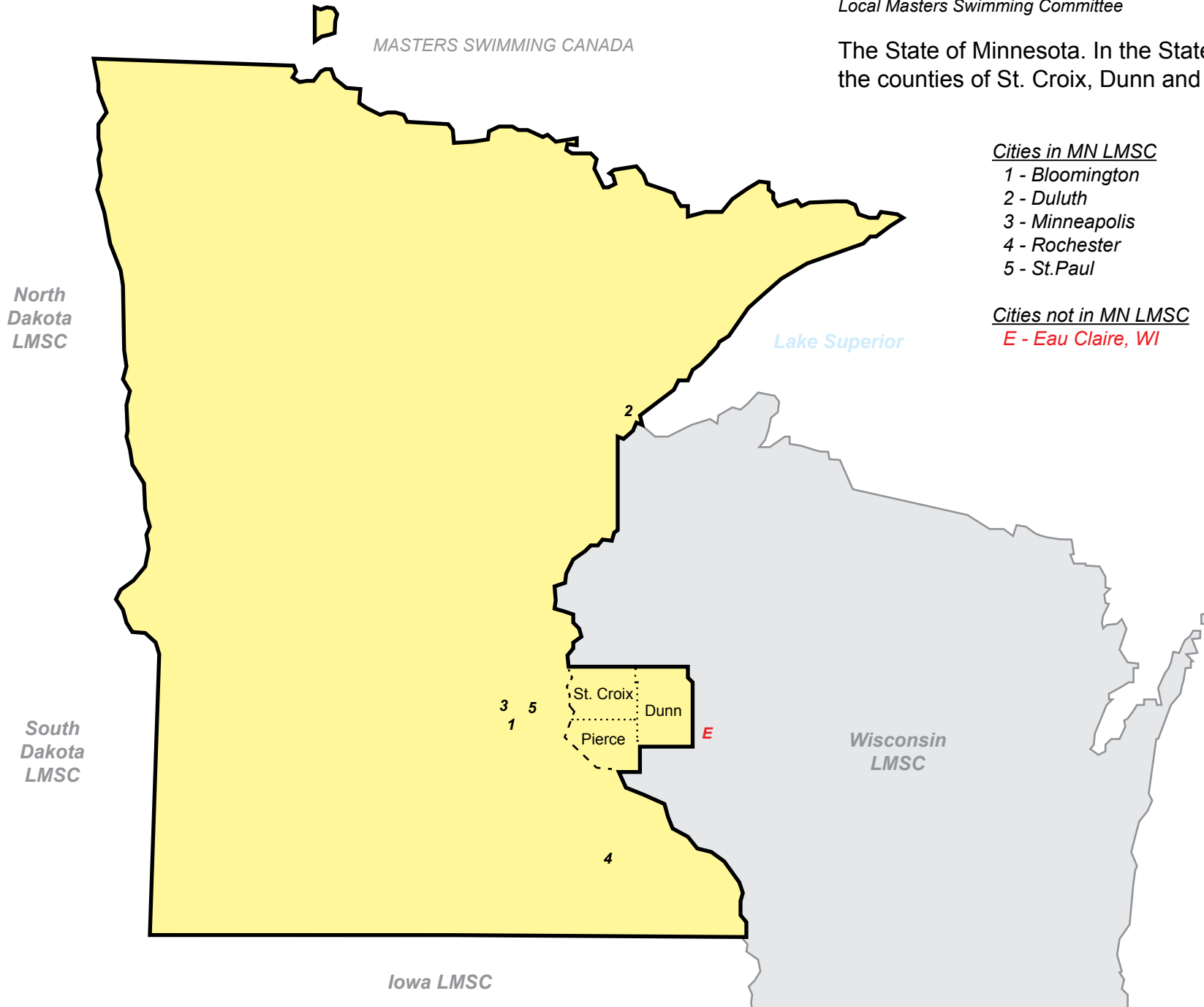
- 1 - Ann Arbor
- 2 - Flint
- 3 - Detroit
- 4 - Grand Rapids
- 5 - Lansing
- 6 - Sault Ste. Marie
- 7 - Traverse City
- 8 - Warren



Minnesota (MN / 30)

Local Masters Swimming Committee

The State of Minnesota. In the State of Wisconsin, the counties of St. Croix, Dunn and Pierce.



Missouri Valley (MV / 28)

Local Masters Swimming Committee

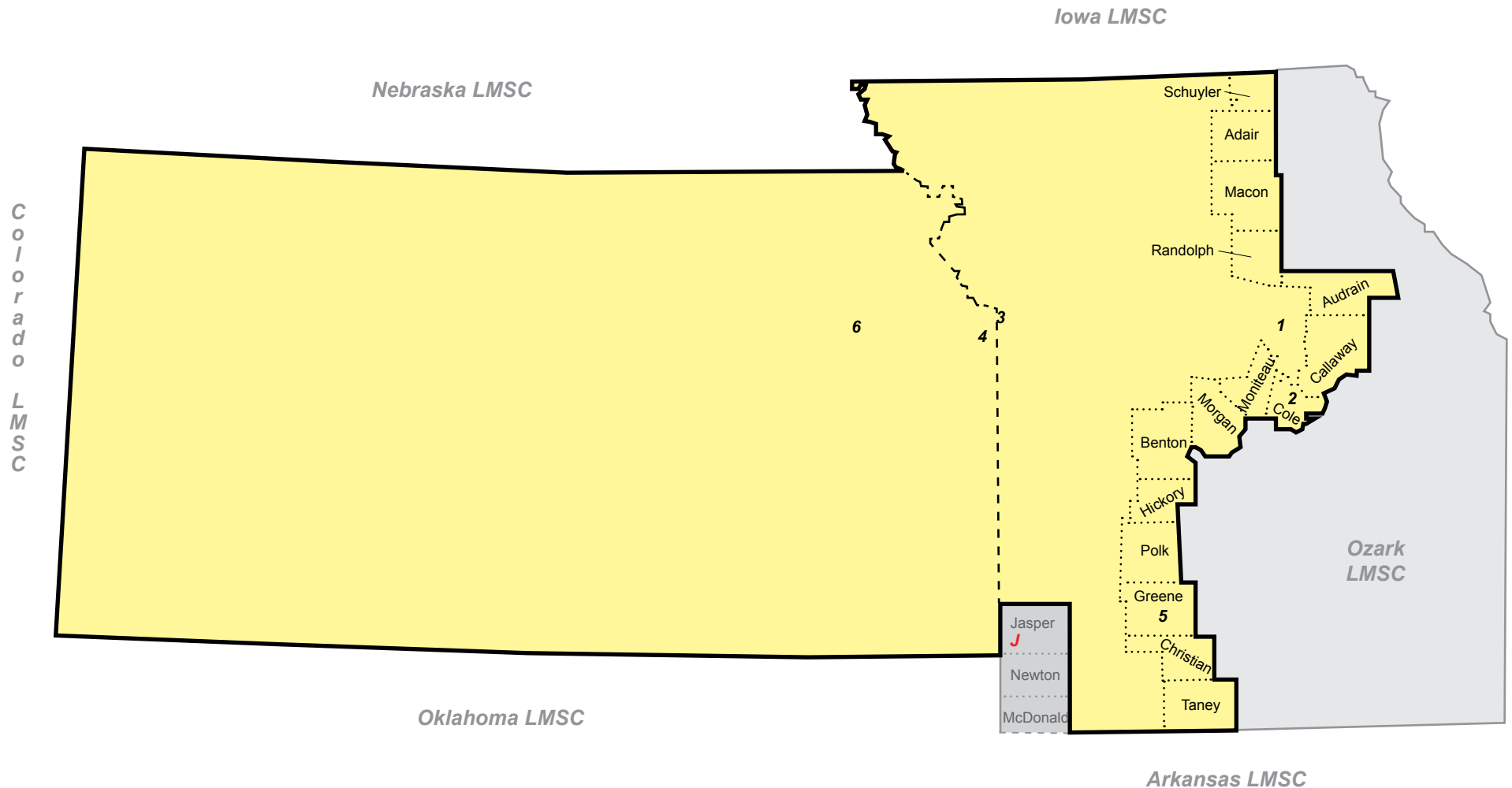
The State of Kansas. The State of Missouri west of and including the counties of Schuyler, Adair, Macon, Randolph, Audrain, Callaway, Cole, Moniteau, Morgan, Benton, Hickory, Polk, Greene, Christian and Taney; excluding the counties of Jasper, Newton and McDonald.

Cities in MV LMSC

- 1 - Columbia, MO
- 2 - Jefferson City, MO
- 3 - Kansas City
- 4 - Overland Park, KS
- 5 - Springfield, MO
- 6 - Topeka, KS
- 7 - Wichita, KS

Cities not in MV LMSC

J - Joplin, MO



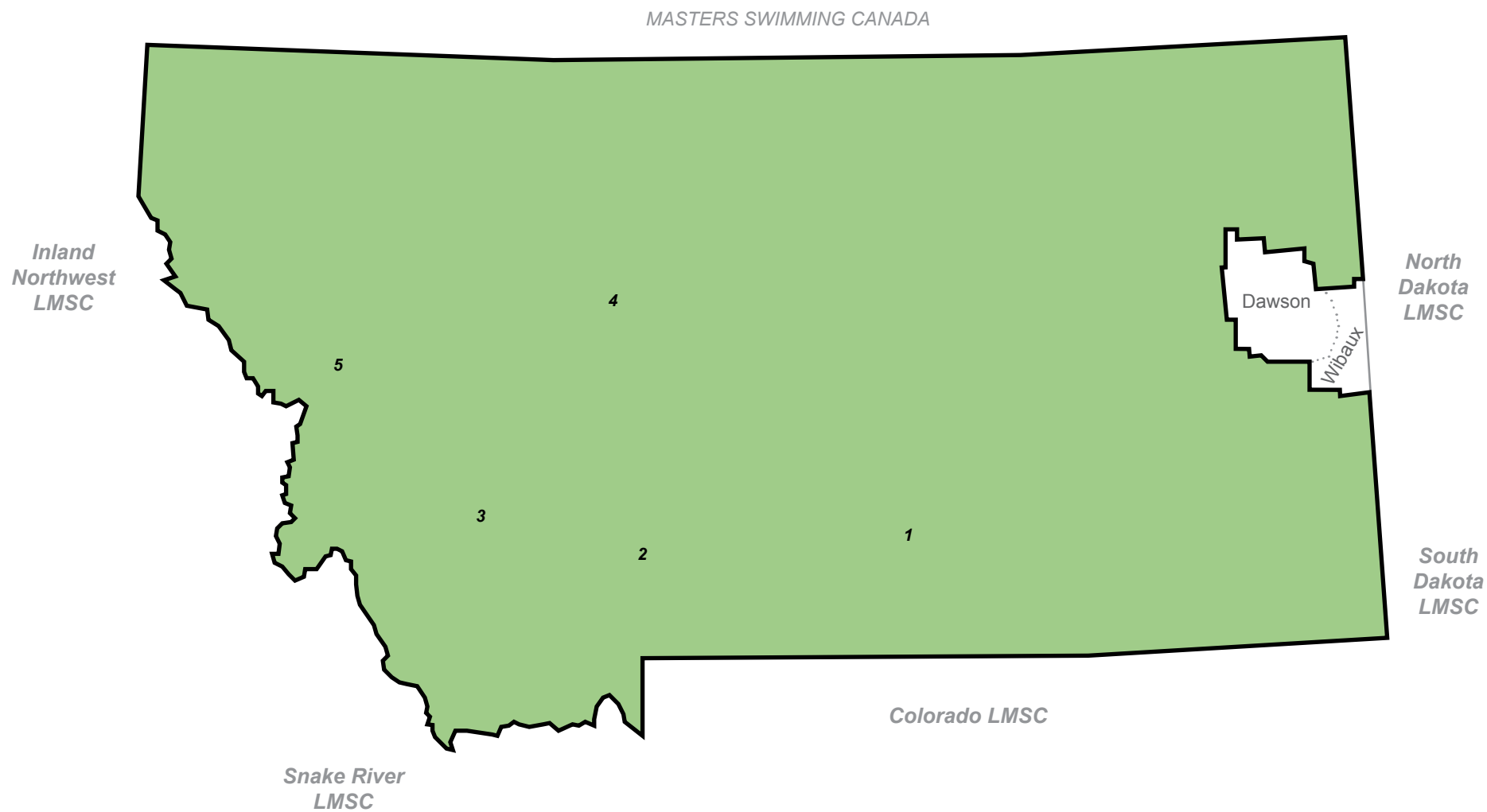
Montana (MT / 31)

Local Masters Swimming Committee

The State of Montana except the counties of Dawson and Wibaux.

Cities in MT LMSC

- 1 - Billings
- 2 - Bozeman
- 3 - Butte
- 4 - Great Falls
- 5 - Missoula



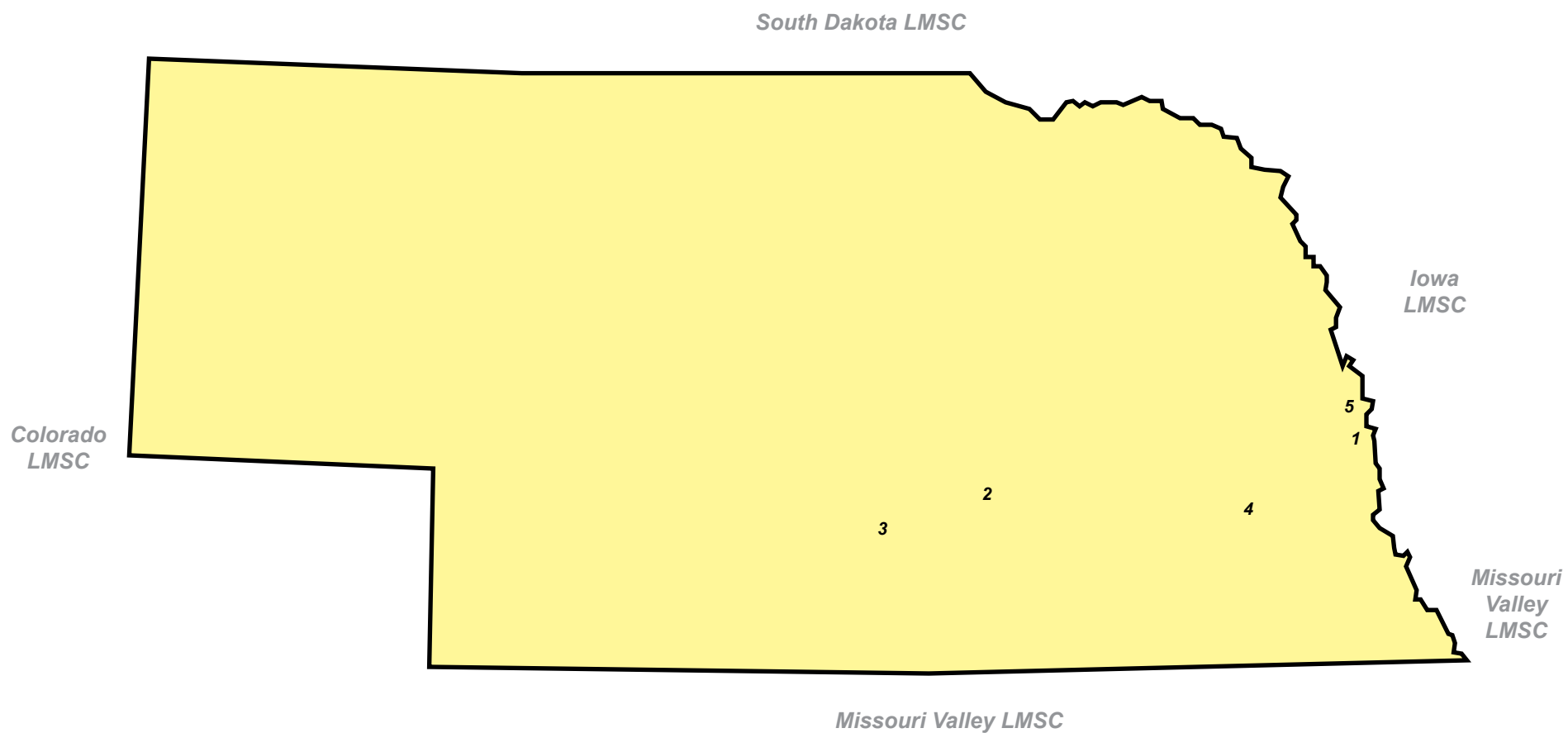
Nebraska (NB / 29)

Local Masters Swimming Committee

The State of Nebraska.

Cities in NB LMSC

- 1 - Bellevue
- 2 - Grand Island
- 3 - Kearney
- 4 - Lincoln
- 5 - Omaha



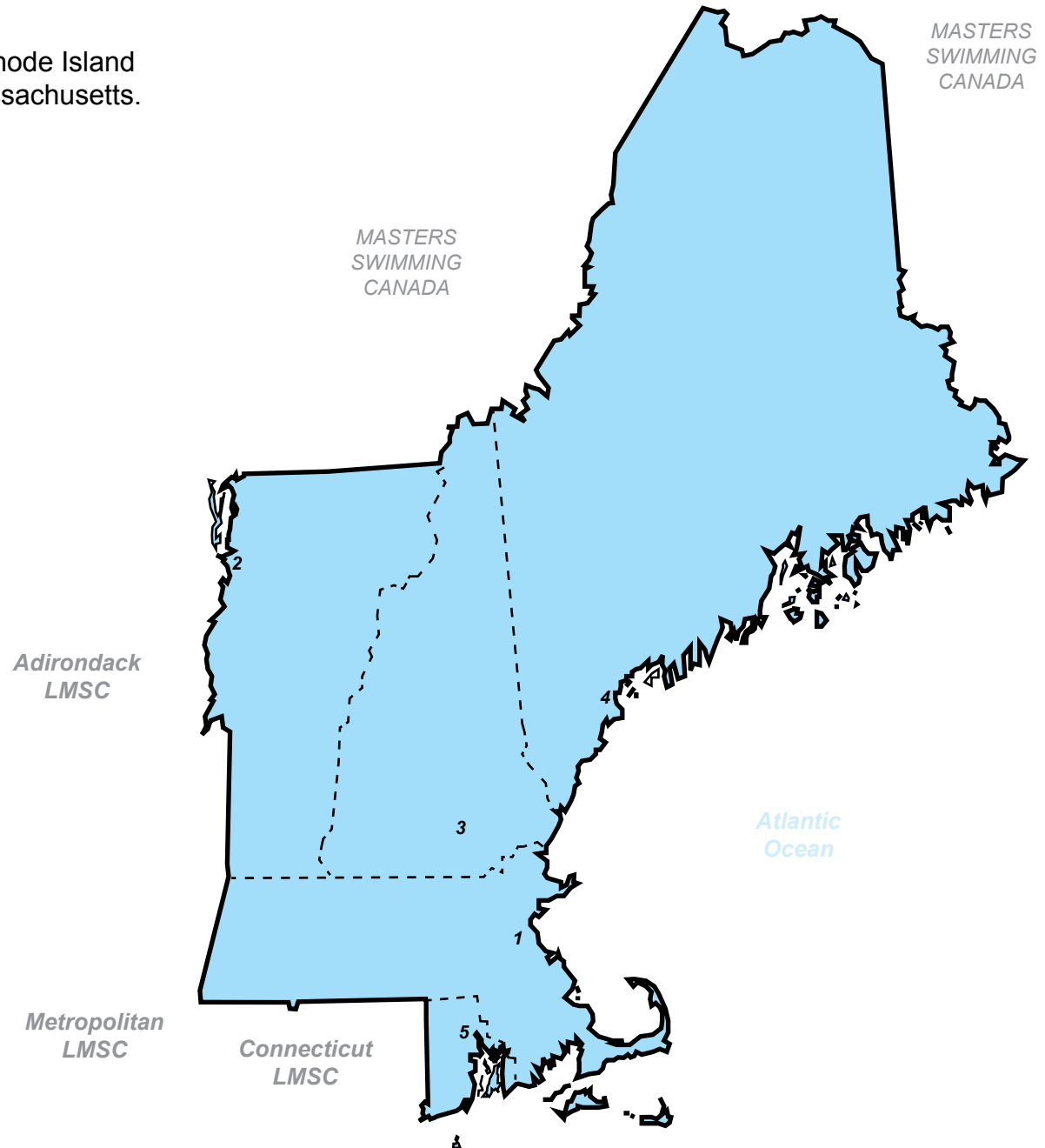
New England (NE / 02)

Local Masters Swimming Committee

The states of New Hampshire, Vermont, Rhode Island and Maine, and the Commonwealth of Massachusetts.

Cities in NE LMSC

- 1 - Boston, MA
- 2 - Burlington, VT
- 3 - Manchester, NH
- 4 - Portland, ME
- 5 - Providence, RI



New Jersey (NJ / 07)

Local Masters Swimming Committee

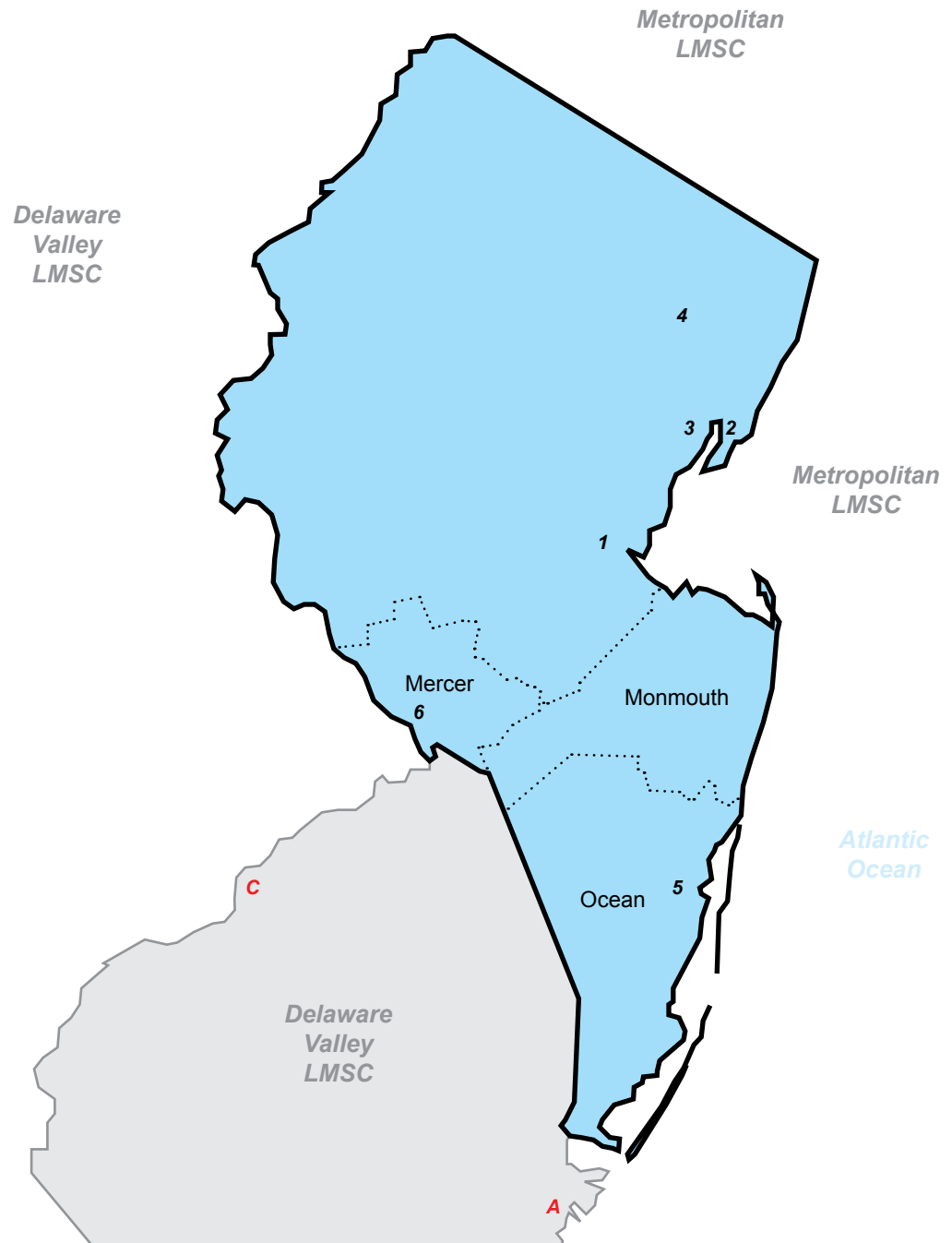
The State of New Jersey north of and including the counties of Mercer, Monmouth and Ocean.

Cities in NJ LMSC

- 1 - Edison
- 2 - Jersey City
- 3 - Newark
- 4 - Paterson
- 5 - Toms River
- 6 - Trenton

Cities not in NJ LMSC

- A - Atlantic City
- C - Camden



Utah LMSC

Colorado LMSC

Oklahoma
LMSC

Cities in NM LMSC

- 1 - Albuquerque, NM
- 2 - Amarillo, TX
- 3 - El Paso, TX
- 4 - Las Cruces, NM
- 5 - Lubbock, TX
- 6 - Midland, TX
- 7 - Odessa, TX
- 8 - San Angelo, TX
- 9 - Sante Fe, NM

Cities not in NM LMSC

- A - Abilene, TX
- D - Del Rio, TX

Arizona
LMSC

North
Texas
LMSC

South
Texas
LMSC

MEXICAN SWIMMING FEDERATION

New Mexico (NM / 42)

Local Masters Swimming Committee

The State of New Mexico; and the part of the State of Texas west of but not including the counties of Val Verde, Sutton, Schleicher, Concho, Runnels, Taylor, Jones, Haskell, Knox, Foard and Hardeman.

Southwest Zone

Niagara (NI / 04)

Local Masters Swimming Committee

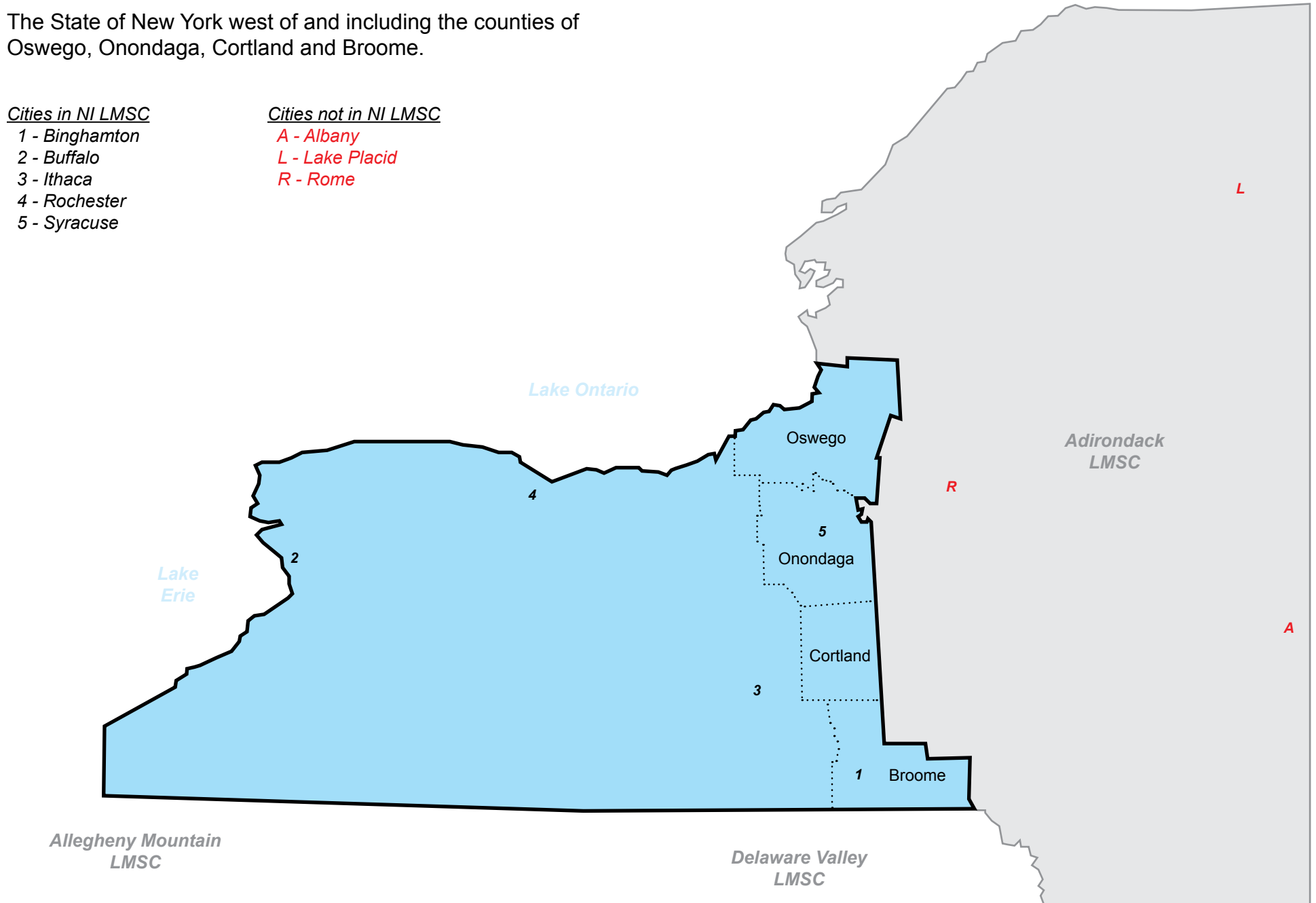
The State of New York west of and including the counties of Oswego, Onondaga, Cortland and Broome.

Cities in NI LMSC

- 1 - Binghamton
- 2 - Buffalo
- 3 - Ithaca
- 4 - Rochester
- 5 - Syracuse

Cities not in NI LMSC

- A - Albany
- L - Lake Placid
- R - Rome



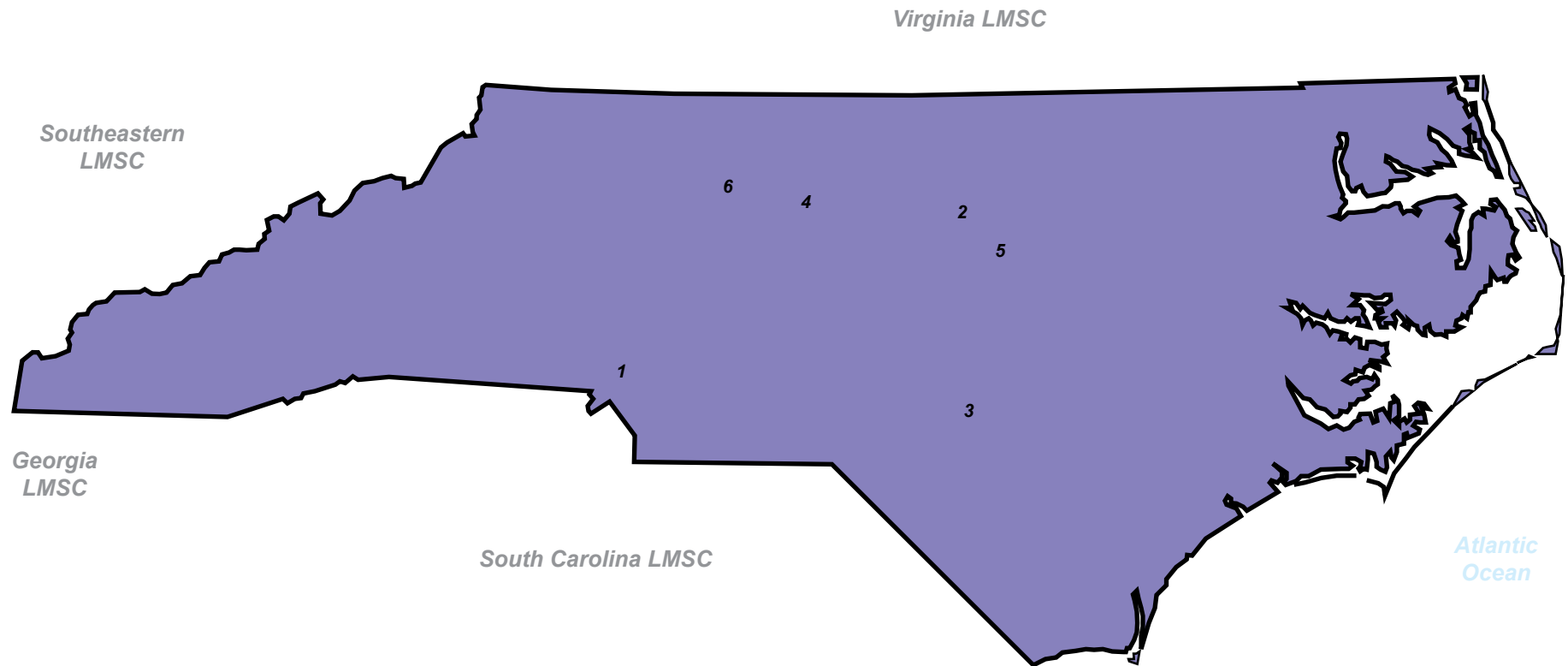
North Carolina (NC / 13)

Local Masters Swimming Committee

The State of North Carolina.

Cities in NC LMSC

- 1 - Charlotte
- 2 - Durham
- 3 - Fayetteville
- 4 - Greensboro
- 5 - Raleigh
- 6 - Winston-Salem



North Dakota (ND / 52)

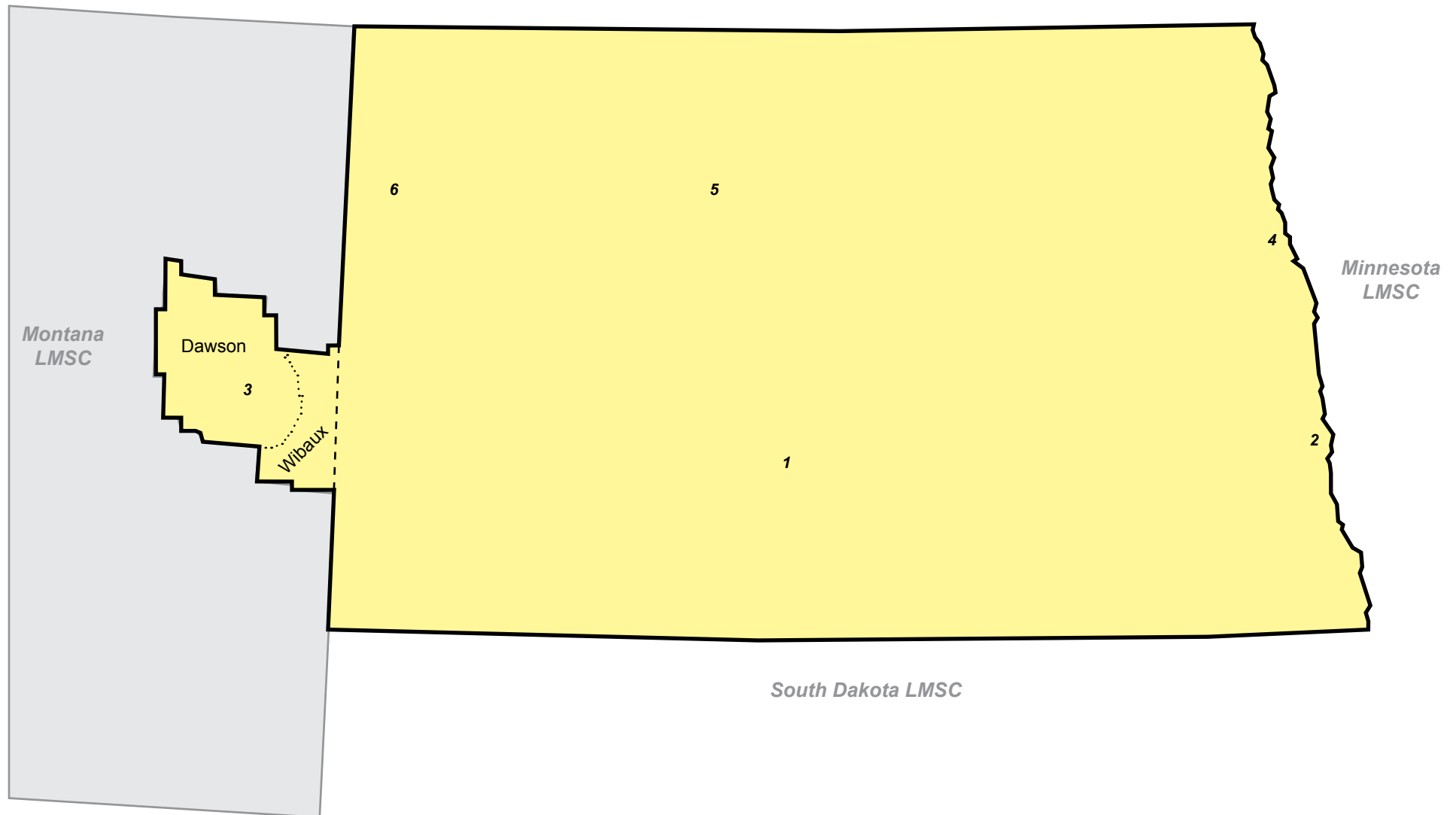
Local Masters Swimming Committee

The State of North Dakota. In the State of Montana, the counties of Dawson and Wibaux.

Cities in ND LMSC

- 1 - Bismark
- 2 - Fargo
- 3 - Glendive, MT
- 4 - Grand Forks
- 5 - Minot
- 6 - Williston

MASTERS SWIMMING CANADA



North Texas

(NT / 26)

Local Masters Swimming Committee

The northern part of the State of Texas bounded on the west by and including the counties of Hardeman, Foard, Knox, Haskell, Jones and Taylor; on the south by but not including the counties of Coleman, Brown, Mills, Lampasas, Bell, Milam, Robertson, Leon, Houston, Angelina, Nacogdoches and Shelby; and excluding Bowie County.

Cities in NT LMSC

1 - Abilene

2 - Arlington

3 - Dallas

4 - Fort Worth

5 - Tyler

6 - Waco

7 - Wichita Falls

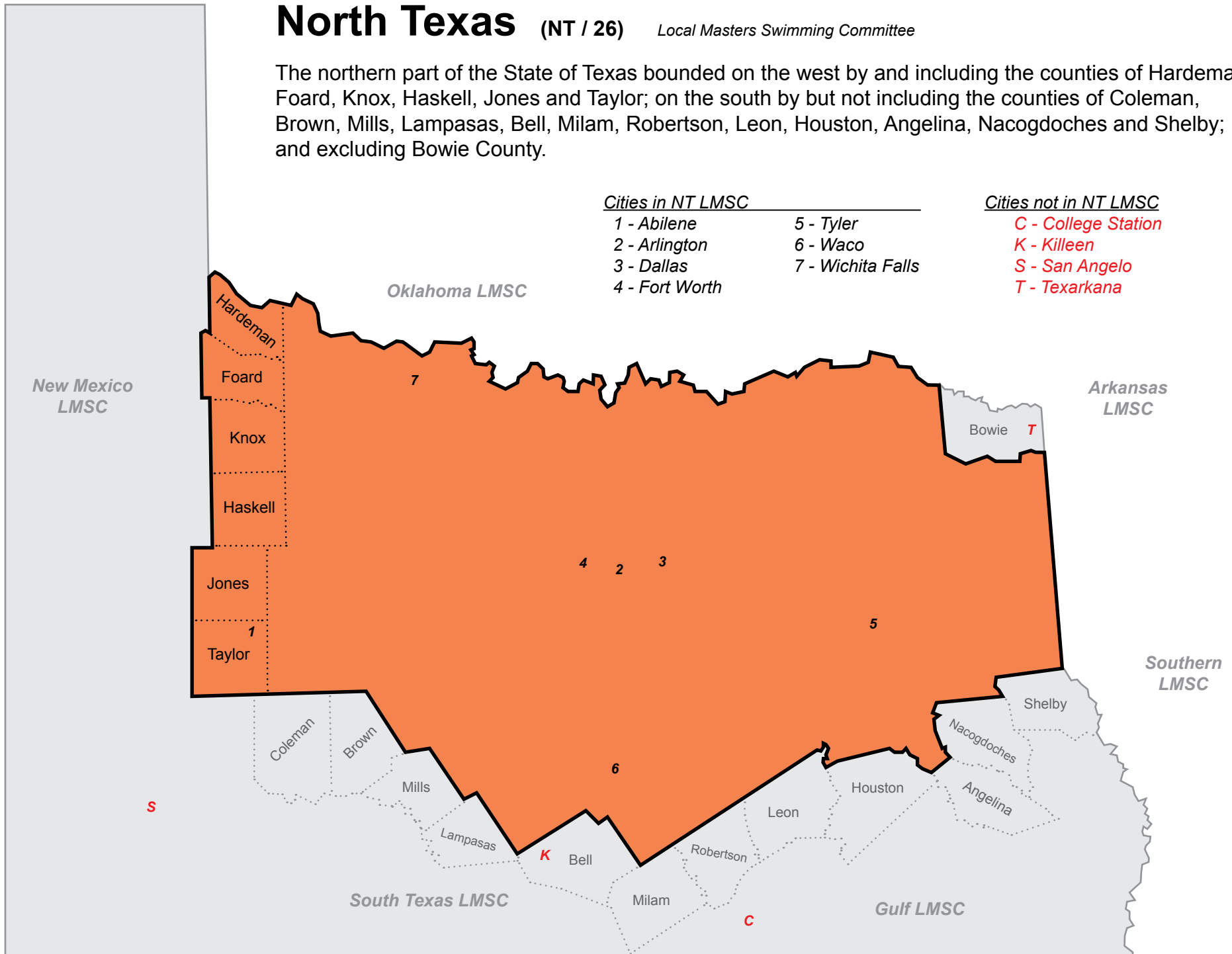
Cities not in NT LMSC

C - College Station

K - Killeen

S - San Angelo

T - Texarkana



Ohio (OH / 17) *Local Masters Swimming Committee*

The State of Ohio except the counties of Seneca, Crawford, Erie, Huron, Richland, Lorain, Ashland, Cuyahoga, Medina, Wayne, Summit, Lake, Geauga, Portage, Stark, Tuscarawas, Ashtabula, Trumbull, Mahoning, Columbiana, Jefferson and Belmont.

Cities in OH LMSC

- 1 - Cincinnati
- 2 - Columbus
- 3 - Dayton
- 4 - Findlay
- 5 - Toledo

Cities not in OH LMSC

- A - Akron
- C - Canton
- V - Cleveland
- M - Mansfield
- Y - Youngstown



Oklahoma (OK / 27)

Local Masters Swimming Committee

The State of Oklahoma.

Cities in OK LMSC

- 1 - Broken Arrow
- 2 - Edmond
- 3 - Lawton
- 4 - Norman
- 5 - Oklahoma City
- 6 - Tulsa

Colorado
LMSC

Missouri Valley LMSC

Missouri
Valley
LMSC

New Mexico
LMSC

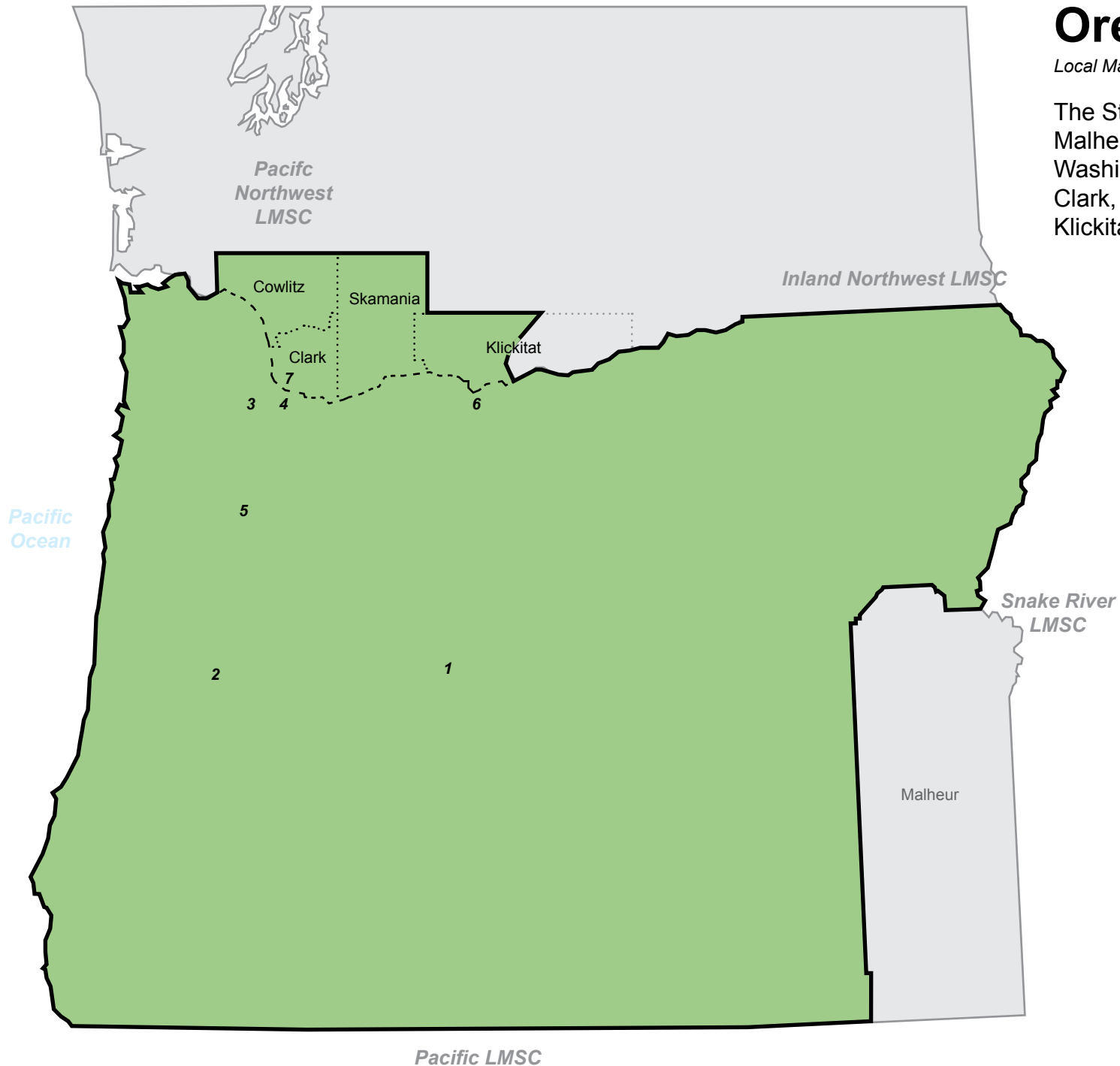
Arkansas
LMSC

North Texas LMSC

Oregon (OR / 37)

Local Masters Swimming Committee

The State of Oregon except Malheur County; and in the State of Washington, the counties of Cowlitz, Clark, Skamania and that portion of Klickitat County west of Highway 97.



Ozark (OZ / 22)

Local Masters Swimming Committee

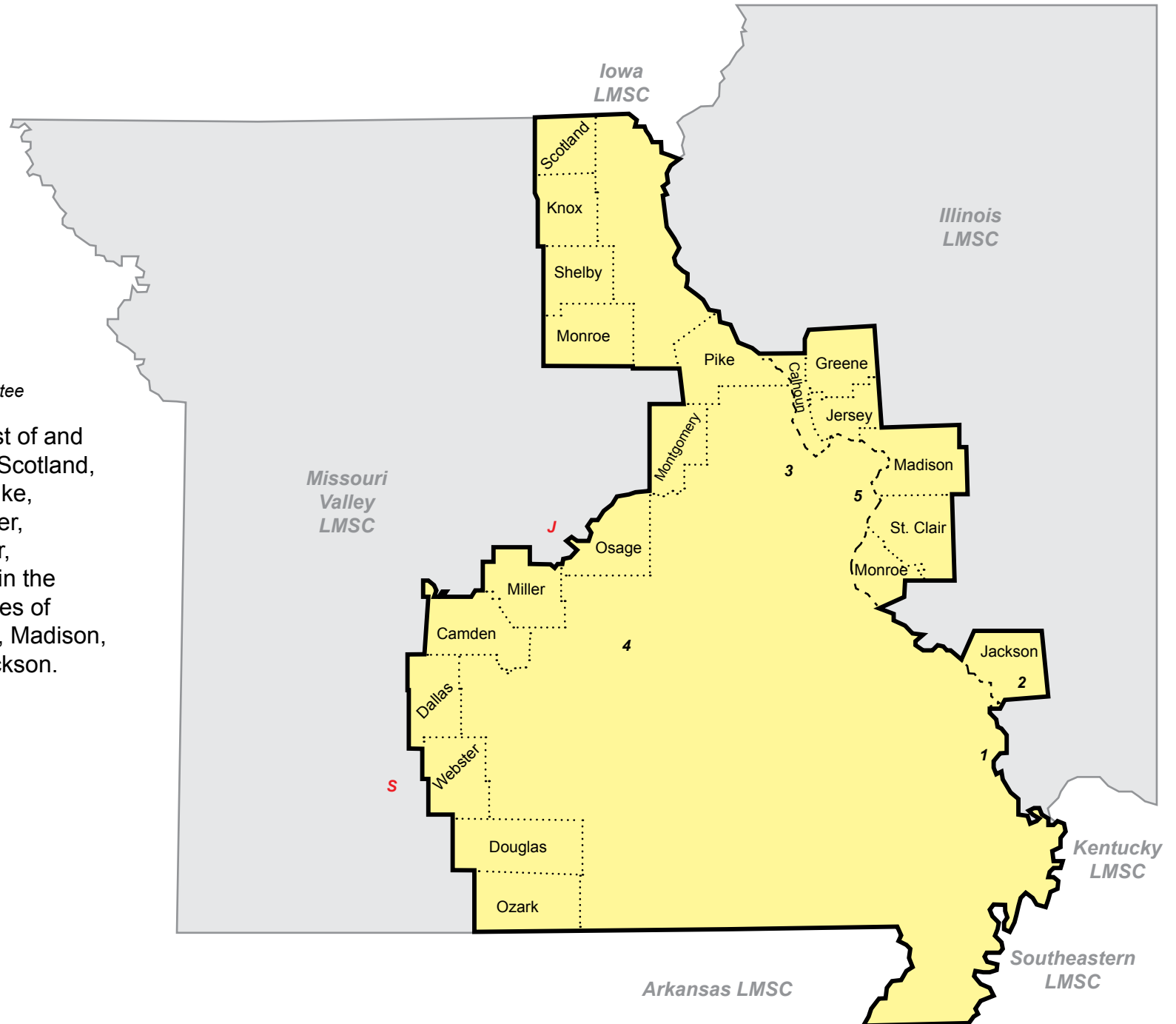
The State of Missouri east of and including the counties of Scotland, Knox, Shelby, Monroe, Pike, Montgomery, Osage, Miller, Camden, Dallas, Webster, Douglas and Ozark; and in the State of Illinois the counties of Calhoun, Greene, Jersey, Madison, St. Clair, Monroe and Jackson.

Cities in OZ LMSC

- 1 - Cape Girardeau
- 2 - Carbondale, IL
- 3 - O'Fallon
- 4 - Rolla
- 5 - St. Louis

Cities not in OZ LMSC

- J - Jefferson City
- S - Springfield



Cities in PC LMSC

- 1 - Carson City, NV
- 2 - Fresno, CA
- 3 - Reno, NV
- 4 - Sacramento, CA
- 5 - San Francisco, CA
- 6 - San Jose, CA
- 7 - Winnemucca, NV

Cities not in PC LMSC

- B - Bakersfield, CA
- A - Los Angeles, CA
- V - Las Vegas, NV

Oregon LMSC

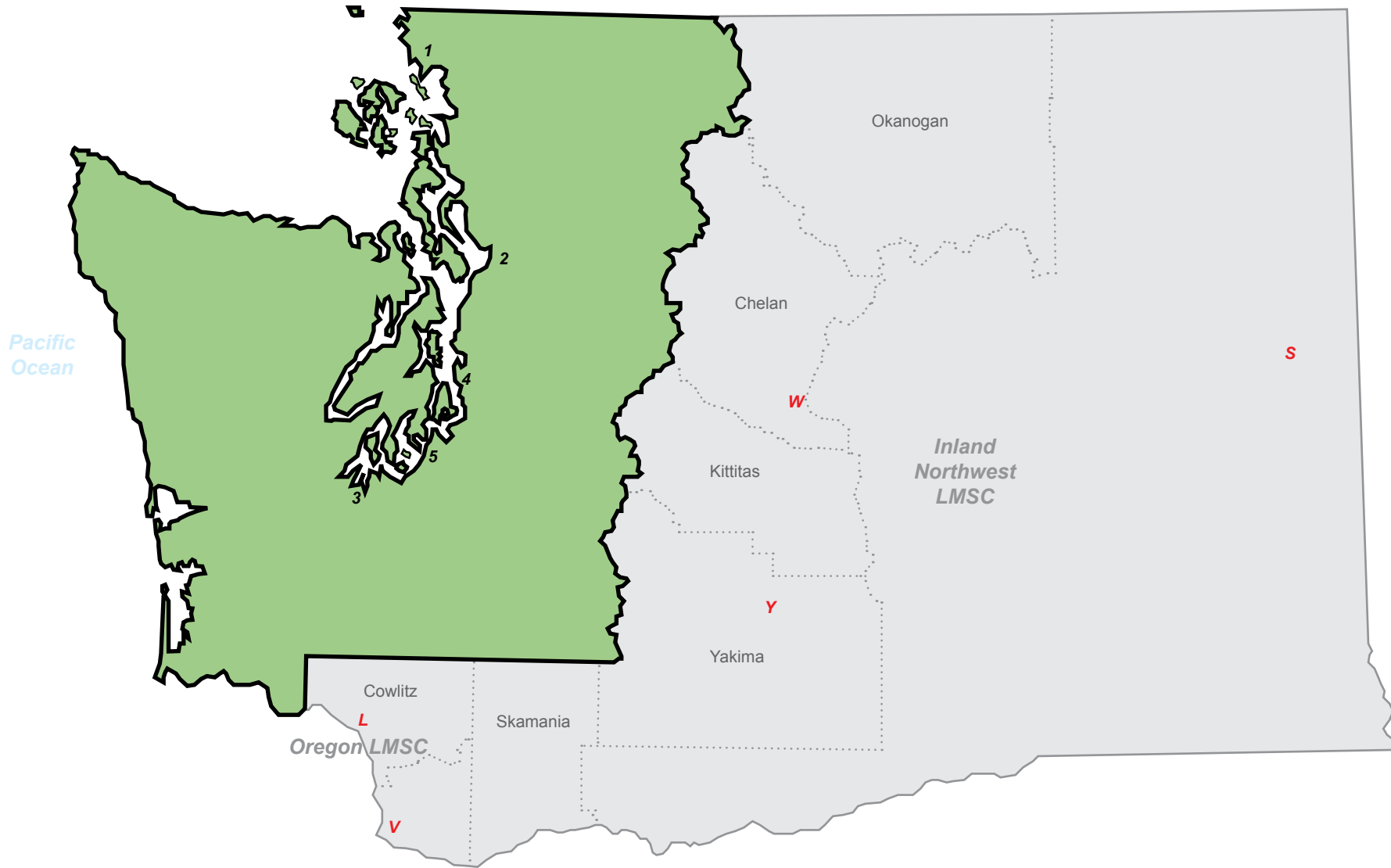
Snake
River
LMSC



Pacific (PC / 38)

Local Masters Swimming Committee

The State of California north of but not including the counties of San Luis Obispo, Kern and San Bernardino; and in the State of Nevada the counties of Washoe, Humboldt, Pershing, Lander, Churchill, Storey, Carson City, Douglas, Lyon and Mineral.



Pacific Northwest (PN / 36)

Local Masters Swimming Committee

The State of Washington west of but not including the counties of Okanogan, Chelan, Kittitas and Yakima, and north of but not including the counties of Cowlitz and Skamania.

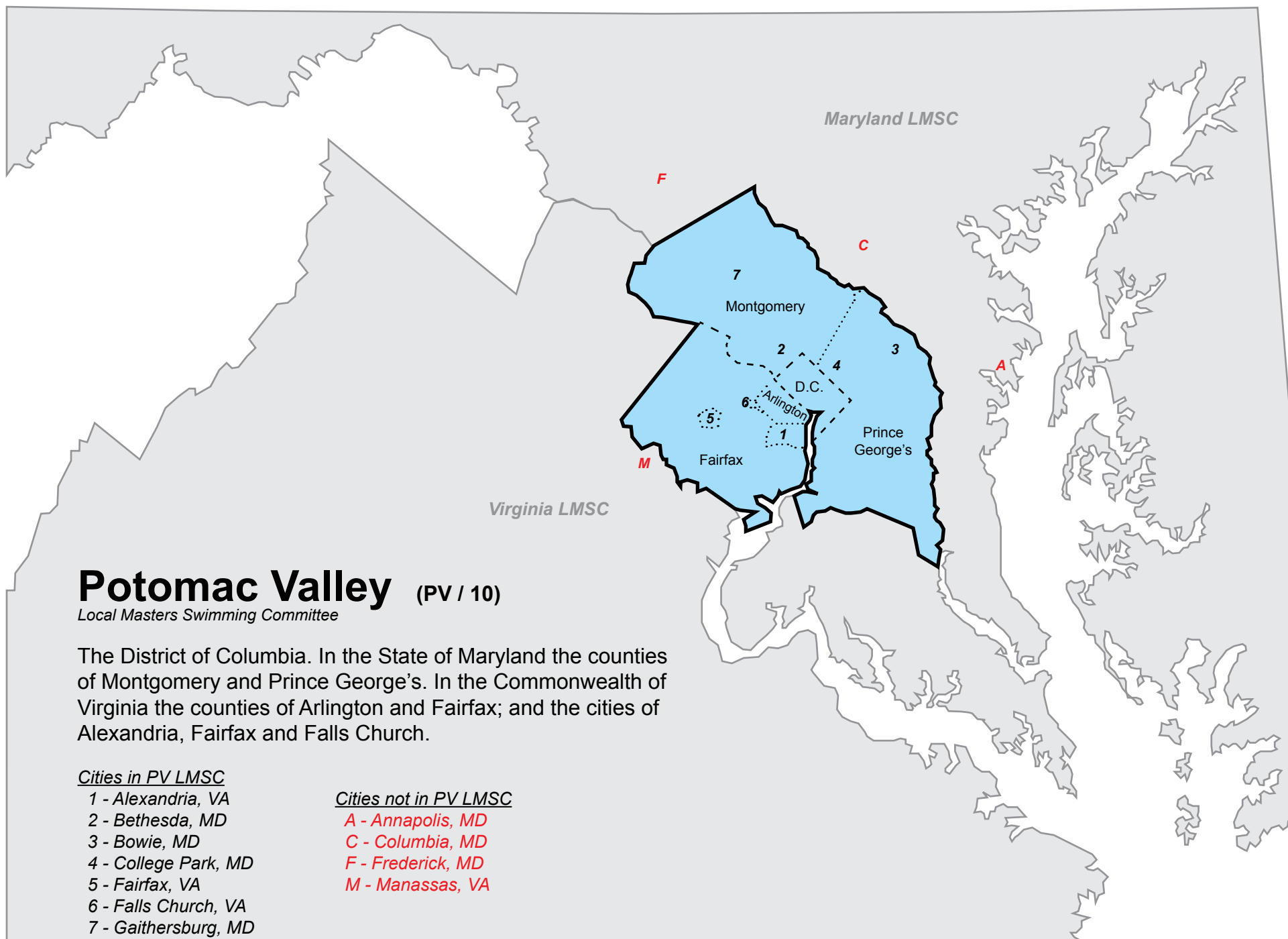
Northwest Zone

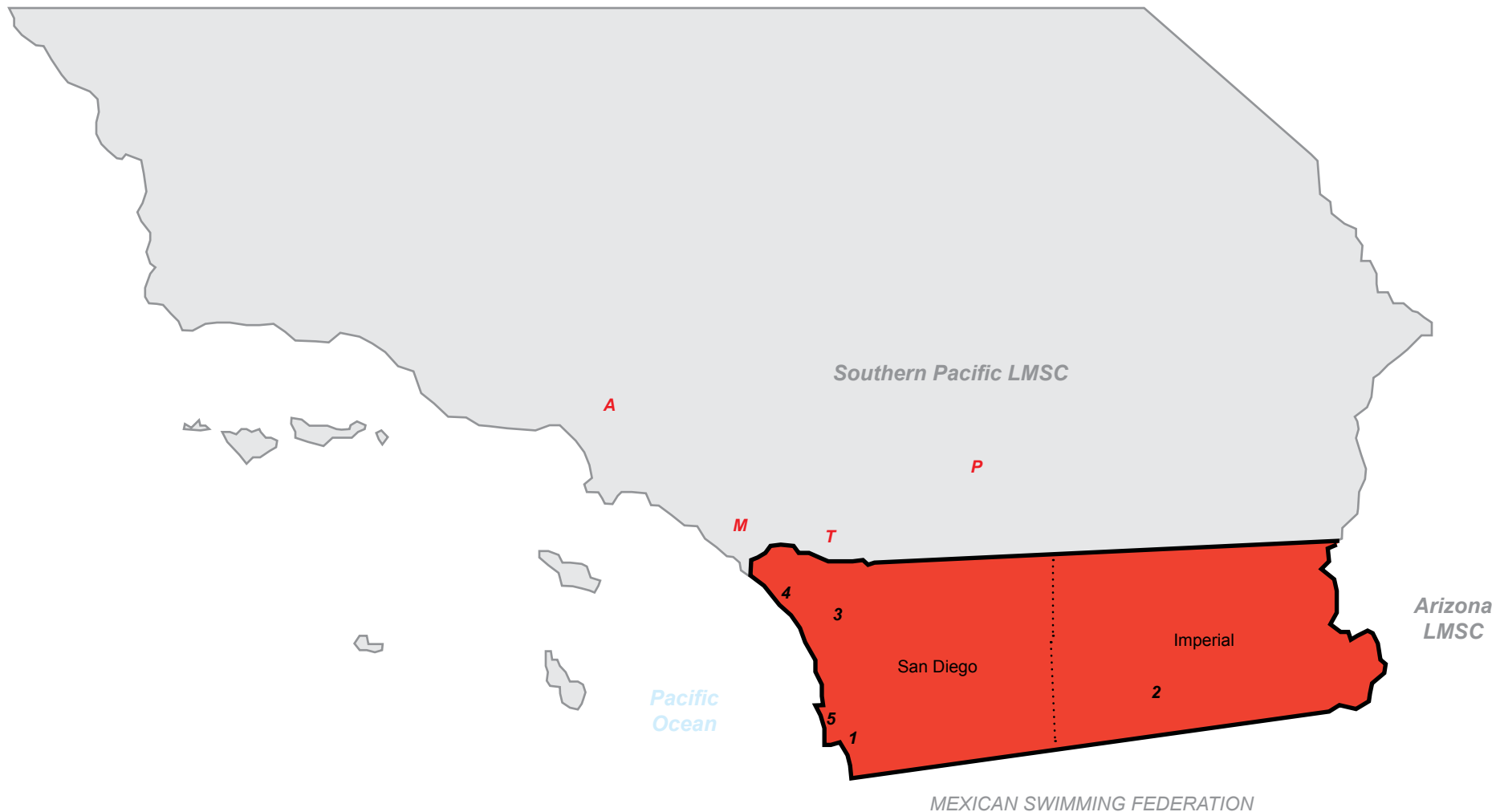
Cities in PN LMSC

- 1 - Bellingham
- 2 - Everett
- 3 - Olympia
- 4 - Seattle
- 5 - Tacoma

Cities not in PN LMSC

- L - Longview
- S - Spokane
- W - Wenatchee
- V - Vancouver
- Y - Yakima





San Diego-Imperial (SI / 44)

Local Masters Swimming Committee

In the State of California the counties of San Diego and Imperial.

Cities in SI LMSC

- 1 - Chula Vista
- 2 - El Centro
- 3 - Escondido
- 4 - Oceanside
- 5 - San Diego

Cities not in SI LMSC

- A - Los Angeles
- M - Mission Viejo
- P - Palm Springs
- T - Temecula



Cities in SR LMSC

- 1 - Boise, ID
- 2 - Elko, NV
- 3 - Nampa, ID
- 4 - Idaho Falls, ID
- 5 - Pocatello, ID
- 6 - Twin Falls, ID

Cities not in SR LMSC

- B - Baker City, OR*
- L - Lewiston, ID*

Snake River (SR / 59)

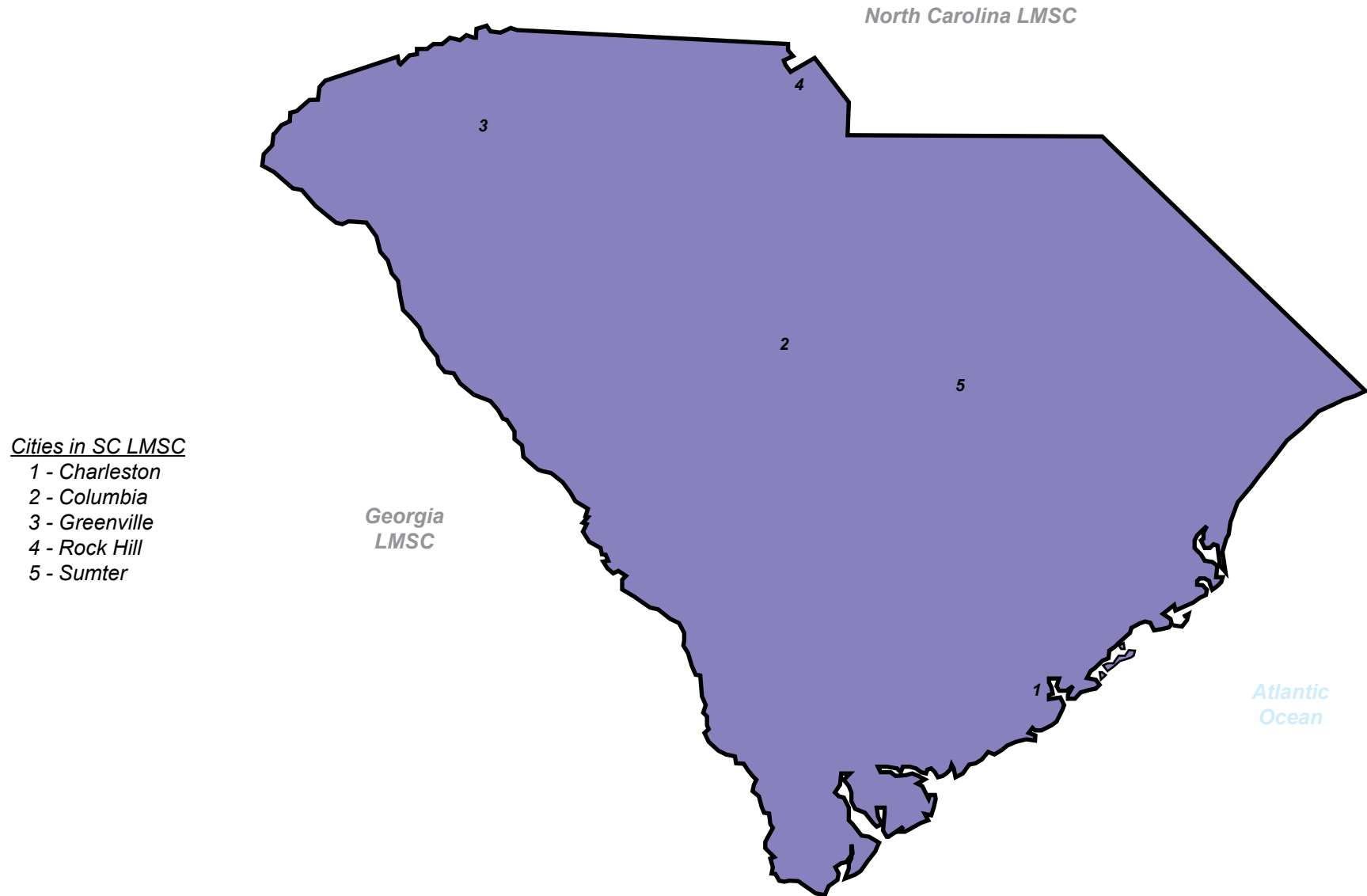
Local Masters Swimming Committee

The State of Idaho south of Idaho County. In the State of Nevada the counties of Elko, Eureka and White Pine. In the State of Oregon, Malheur County.

South Carolina (SC / 55)

Local Masters Swimming Committee

The State of South Carolina.



South Dakota (SD / 54)

Local Masters Swimming Committee

The State of South Dakota.

Cities in SD LMSC

1 - Aberdeen

2 - Brookings

3 - Rapid City

4 - Sioux Falls

5 - Watertown

North Dakota LMSC

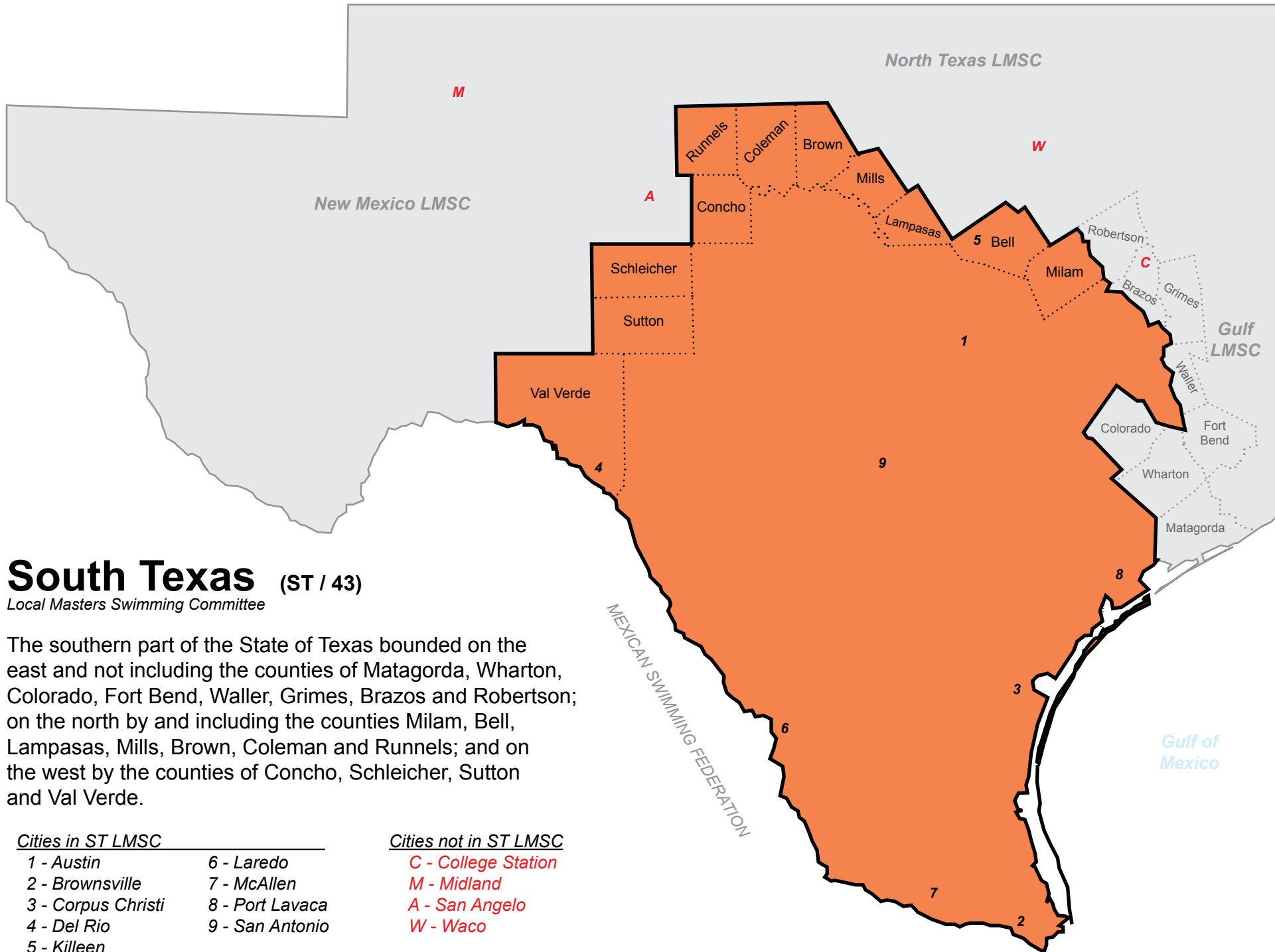
Montana
LMSC

Minnesota
LMSC

Colorado
LMSC

Iowa
LMSC

Nebraska LMSC



Southeastern (SE / 15)

Local Masters Swimming Committee

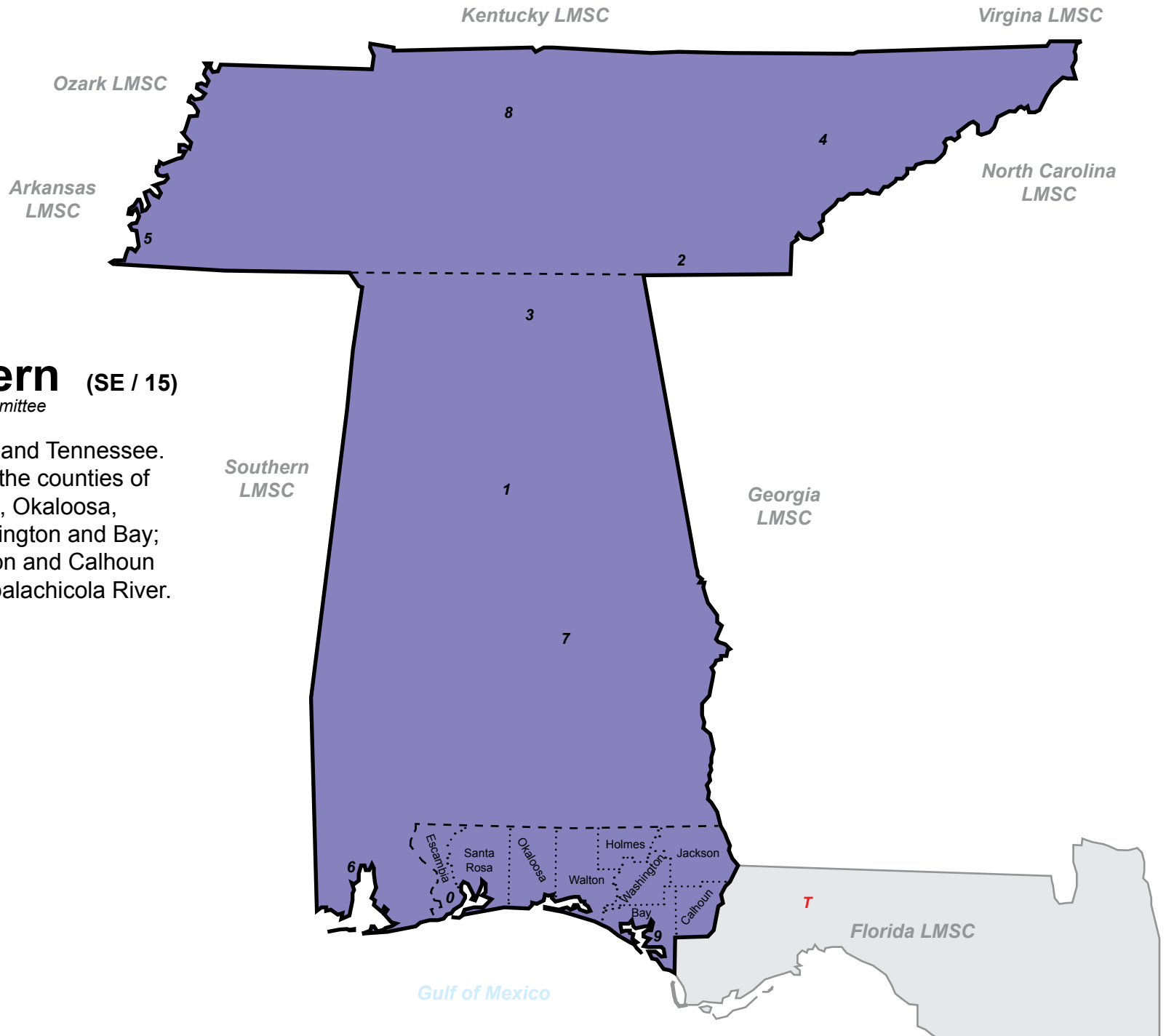
The states of Alabama and Tennessee.
In the State of Florida, the counties of Escambia, Santa Rosa, Okaloosa, Walton, Holmes, Washington and Bay; and the parts of Jackson and Calhoun counties west of the Apalachicola River.

Cities in SE LMSC

- 1 - Birmingham, AL
- 2 - Chattanooga, TN
- 3 - Huntsville, AL
- 4 - Knoxville, TN
- 5 - Memphis, TN
- 6 - Mobile, AL
- 7 - Montgomery, AL
- 8 - Nashville, TN
- 9 - Panama City, FL
- 0 - Pensacola, FL

Cities not in SE LMSC

T - Tallahassee, FL



Southern (SO / 24)

Local Masters Swimming Committee

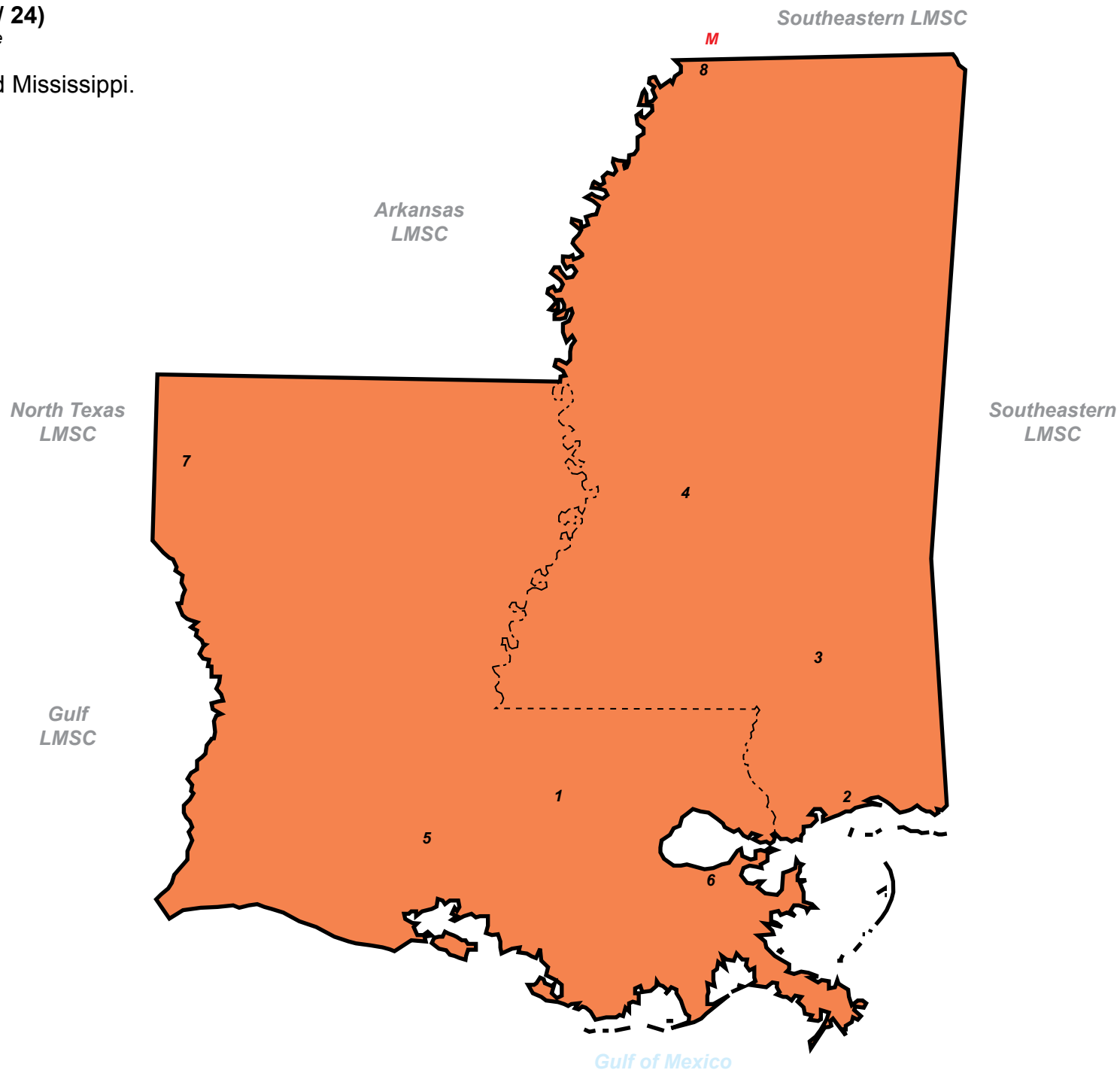
The states of Louisiana and Mississippi.

Cities in SO LMSC

- 1 - Baton Rouge, LA
- 2 - Gulfport, MS
- 3 - Hattiesburg, MS
- 4 - Jackson, MS
- 5 - Lafayette, LA
- 6 - New Orleans, LA
- 7 - Shreveport, LA
- 8 - Southaven, MS

Cities not in SO LMSC

M - Memphis, TN



Places in SP LMSC

- 1 - Bakersfield, CA
- 2 - Catalina island
- 3 - Henderson, NV
- 4 - Las Vegas, NV
- 5 - Los Angeles, CA
- 6 - Long Beach, CA
- 7 - Oxnard, CA
- 8 - Riverside, CA
- 9 - San Bernardino, CA

Places not in SP LMSC

- F - Fresno, CA
- D - San Diego, CA
- T - Lake Tahoe

Southern Pacific (SP / 33)

Local Masters Swimming Committee

In the State of California the counties of San Luis Obispo, Kern, San Bernardino, Santa Barbara, Ventura, Los Angeles, Orange and Riverside. In the State of Nevada the counties of Clark, Lincoln, Nye and Esmeralda.



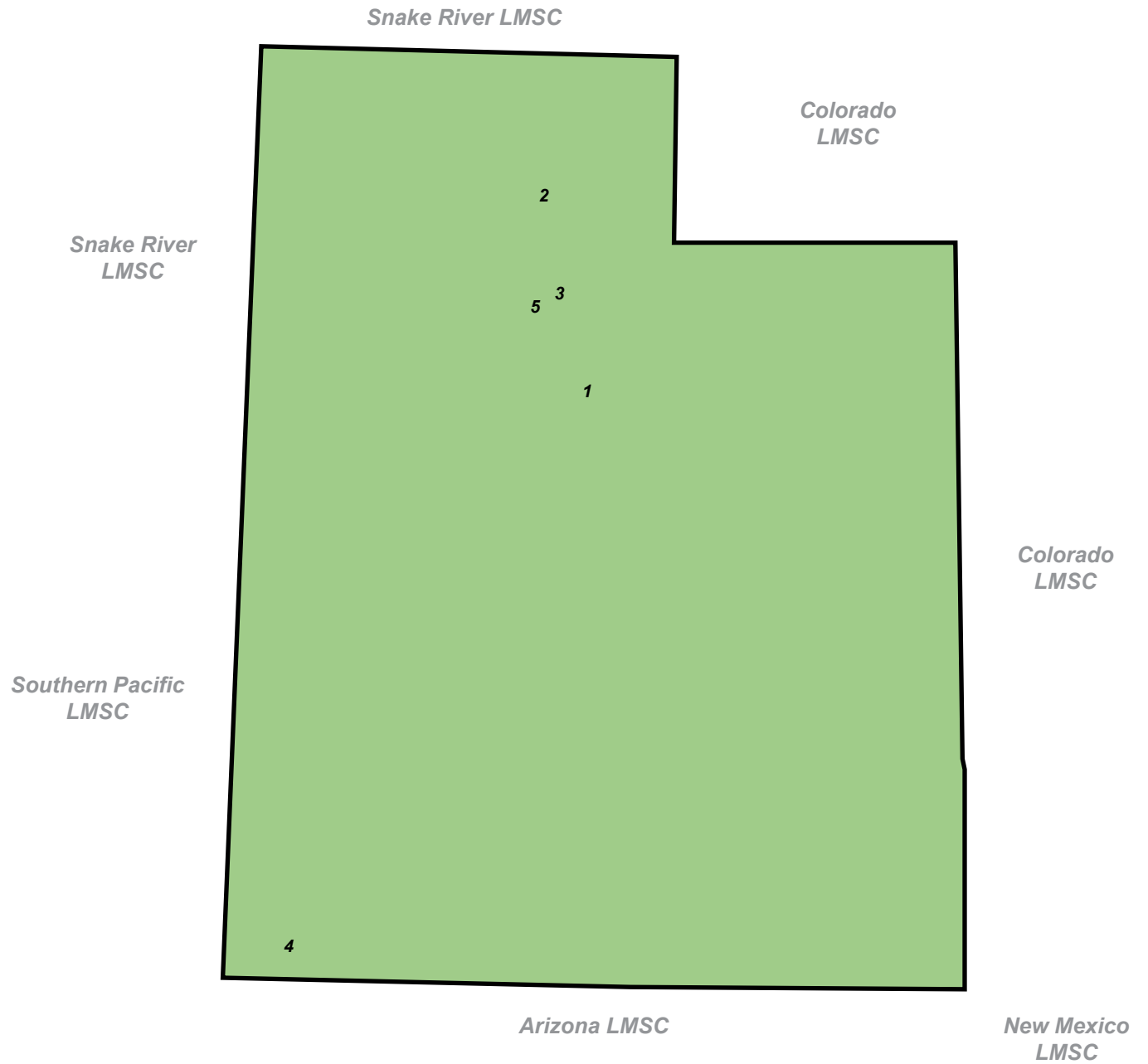
Utah (UT / 34)

Local Masters Swimming Committee

The State of Utah.

Cities in UT LMSC

- 1 - Provo
- 2 - Ogden
- 3 - Salt Lake City
- 4 - St. George
- 5 - West Valley City



Virginia (VA / 12)

Local Masters Swimming Committee

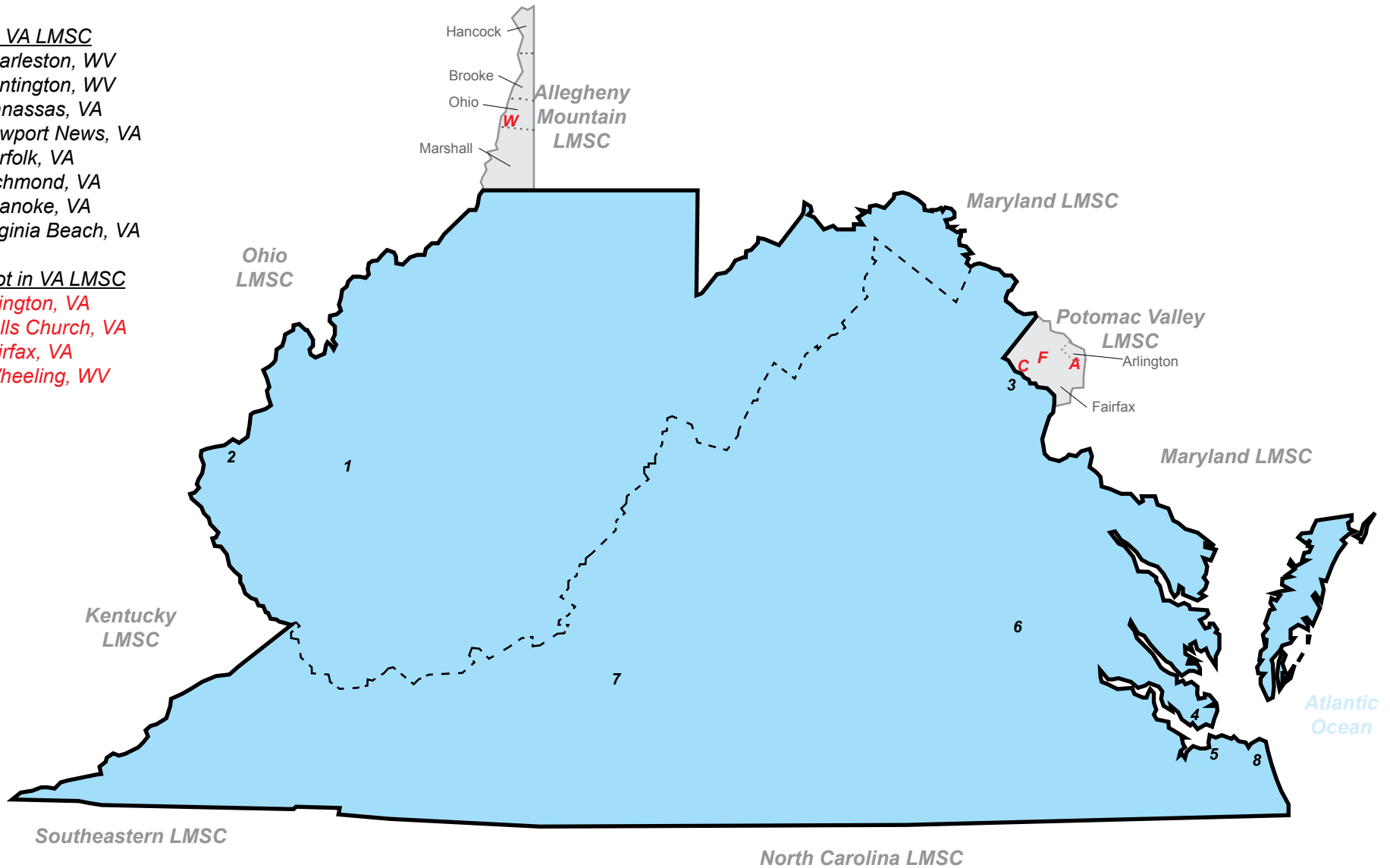
The Commonwealth of Virginia except the counties of Arlington and Fairfax and the cities of Alexandria, Fairfax and Falls Church. The State of West Virginia except the counties of Hancock, Brooke, Ohio and Marshall.

Cities in VA LMSC

- 1 - Charleston, WV
- 2 - Huntington, WV
- 3 - Manassas, VA
- 4 - Newport News, VA
- 5 - Norfolk, VA
- 6 - Richmond, VA
- 7 - Roanoke, VA
- 8 - Virginia Beach, VA

Cities not in VA LMSC

- A - Arlington, VA
- C - Falls Church, VA
- F - Fairfax, VA
- W - Wheeling, WV



Wisconsin (WI / 20)

Local Masters Swimming Committee

The State of Wisconsin except the counties of St. Croix, Dunn and Pierce.

Cities in WI LMSC

- 1 - Eau Claire
- 2 - Green Bay
- 3 - Kenosha
- 4 - Madison
- 5 - Milwaukee
- 6 - Racine

